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**Abstract**

Springtime ENSO phase evolution and associated U.S. rainfall variability is explored by performing composite analysis of observational data. Although the tropical Pacific ENSO SST anomalies are weaker and less coherent in boreal spring compared to those in winter, there are unique and significant patterns of U.S. rainfall anomalies frequently appearing during the onset and decay phases of ENSO. In early spring of a decaying El Niño, the atmospheric jet stream and associated storm track shift southward, causing more frequent wet conditions across the southern U.S. and dry conditions in a belt south and east of the Ohio River. In late spring of a developing El Niño, synoptic activity over the U.S. reduces overall and the southwesterly low-level winds that carry moist air from the Gulf of Mexico to the U.S. shift westward, causing a similar dipole of rainfall anomalies between the southern U.S. and the Ohio Valley.

47 **1. Introduction**

48 The El Niño - Southern Oscillation (ENSO) is the dominant source of interannual climate  
49 variability in the United States [e.g., *Ropelewski and Halpert*, 1986]. Although it can develop  
50 and dissipate at any time in a given year, it is usually tightly phase locked to the seasonal cycle  
51 with a strong tendency to have the peak phase during boreal winter [*Rasmusson and Carpenter*,  
52 1982] - see *Wang and Picaut* [2004] for a review of the seasonal phase locking mechanisms of  
53 ENSO. Due to both the seasonal phase locking of the ENSO sea surface temperature (SST)  
54 anomalies and the seasonal cycle of the atmospheric background state, the remote influence of  
55 ENSO on the U.S. climate is also strongest in the winter [e.g., *Horel and Wallace*, 1981;  
56 *Barnston and Livezey*, 1987].

57 Shortly after reaching its peak in boreal winter, an ENSO event usually decays rapidly in  
58 spring. During this time, the ENSO SST anomalies in the tropical Pacific are typically much  
59 weaker in amplitude, while their spatial structure becomes much less coherent; thus the  
60 correlation between ENSO and the U.S. climate starts to break down after late winter or early  
61 spring [e.g., *Mo*, 2010]. Indeed, as shown in Figure 1a and 1b, the ENSO composite SST  
62 anomalies in the eastern Pacific (120W° – 80W° and 5S° – 5N°; EP hereafter) terminate rather  
63 abruptly and almost completely dissipate by March (+1) or April (+1) - any month in an ENSO  
64 onset year is identified by suffix (0) whereas any month in ENSO decay year is denoted by suffix  
65 (+1) hereafter. Interestingly, the SST anomalies in the central Pacific (180E° – 120W° and 5S° –  
66 5N°; CP hereafter) weaken much more gradually and persist throughout the spring until around  
67 June (+1). As a result, a zonal gradient of SST anomalies tends to form along the equatorial  
68 Pacific between CP and EP during the decay phase of ENSO.

69 Every ENSO event is somewhat different from others [*Trenberth and Stepaniak, 2001*] - see  
70 Figure S1 and S2 in the auxiliary material for time-longitude plots of all ENSO events that  
71 occurred during 1949 - 2012. This is especially true during the springtime ENSO phase  
72 evolution. As shown in Figure 1c and 1d, the composite standard deviation of the tropical Pacific  
73 SST anomalies in spring is quite small in CP but much larger in EP, indicating that while the  
74 ENSO SST anomalies in spring are relatively robust in CP, those in EP are highly inconsistent  
75 between ENSO events, especially during the decay of El Niño and onset of La Niña. During the  
76 decay phase, the SST anomalies in EP often switch to the opposite sign producing a zonal  
77 seesaw pattern between CP and EP (e.g., 1965-1966 El Niño; 2007-2008 La Niña). In some  
78 cases, the SST anomalies in CP and EP dissipate together during or after spring (e.g., 1991-1992  
79 El Niño; 1988-1989 La Niña), or further evolve into the onset of another ENSO event with either  
80 the same or opposite sign in the subsequent months (e.g., 1986-1987 El Niño; 1964-1965 La  
81 Niña). In rare cases, the SST anomalies in EP persist much longer than those in CP, as reported  
82 for the decay of the two extreme El Niños in 1982-1983 and 1997-1998 [*Lengaigne and Vecchi,*  
83 2009]. During the onset phase, both the SST anomalies in CP and the zonal gradient of SST  
84 anomalies between CP and EP are generally weaker (see Figure 1a and 1b). As shown in Figure  
85 1c and 1d, event-to-event variability of ENSO SST anomalies in EP is very large during the  
86 onset phase in agreement with earlier studies [e.g., *Wang, 1995; Fedorov and Philander, 2000;*  
87 *McPhaden and Zhang, 2009*].

88 Since atmospheric convection is more sensitive to the SST anomalies in CP than in EP (due  
89 to larger absolute SSTs in CP than in EP), and the atmospheric background state in spring allows  
90 tropical forcing of extra-tropical stationary waves in the Northern Hemisphere [*Lee et al., 2009;*  
91 2013; *Jin and Kirtman, 2009*], it is likely that the relatively coherent SST anomalies in CP during

92 the onset and decay phases can excite ENSO teleconnection patterns to influence climate  
93 variability in the U.S. Given that severe weather events (i.e., tornadoes, hail, thunderstorms and  
94 heavy precipitation) frequently occur in spring over the U.S., it is important to explore whether  
95 the tropical Pacific SST anomalies appearing during the springtime ENSO phase evolution are  
96 linked to any repeating pattern of climate anomalies over the U.S. The main objective of the  
97 present study is to explore this question. Our strategy here is to perform composite analysis of  
98 the tropical Pacific SST and U.S. rainfall anomalies for the onset versus decay phases. We also  
99 analyze two special cases, which cannot be solely characterized as either onset or decay phase.  
100 These cases occur when the decay of an ENSO event is immediately followed by the onset of  
101 another ENSO event with either the opposite or same sign. The former is referred to here as the  
102 transition phase and the latter as the resurgence phase.

103

## 104 **2. Data and Methods**

105 We use the Extended Reconstructed Sea Surface Temperature version 3b (ERSST3), a  
106 blended satellite and in situ analysis of global monthly SST on a 2° longitude by 2° latitude grid  
107 for the period of 1949 – 2012. The CPC unified gauge-based analysis of U.S. daily precipitation  
108 is used to derive monthly rainfall over the U.S. for 1949 – 2012 [*Higgins et al.*, 1996]. This  
109 dataset is based on about 8,000 - 13,000 station reports each day, quality controlled to eliminate  
110 duplicates and overlapping stations, and gridded on 0.25° longitude by 0.25° latitude grid. The  
111 NCEP-NCAR reanalysis for the same period is used to derive monthly moisture transport,  
112 precipitable water content, variance of 5-day high-pass filtered meridional winds at 300 hPa, and  
113 geopotential height at 850 hPa.

114 We perform composite analysis of the tropical Pacific SST and U.S. rainfall anomalies for  
115 the onset and decay phases of ENSO, and also for the two mixed cases of transition and  
116 resurgence phases. Using the threshold for ENSO that three-month averaged SST anomalies in  
117 Niño 3.4 (120W° – 170W° and 5S° – 5N°) should exceed 0.5°C for a minimum of five  
118 consecutive months, 21 El Niño and 22 La Niña events are identified during the period of 1949 –  
119 2012 (Table S1). Note that multi-year ENSO events are treated as multiple ENSO events. For  
120 instance, the La Niña event that started in the summer of 1998 and continued until the spring of  
121 2001 is treated here as three consecutive La Niña events (i.e., 1998-1999, 1999-2000, and 2000-  
122 2001).

123 The composite mean differences of SST and U.S. rainfall anomalies between the 21 El Niño  
124 and 22 La Niña events (i.e.,  $0.5 \times [\langle \text{El Niño} \rangle - \langle \text{La Niña} \rangle]$ , where  $\langle \rangle$  represents composite  
125 mean) are analyzed focusing on their onset and decay phases in boreal spring. Student-*t* tests  
126 (two-tailed) are performed to determine statistical significance of the composite mean  
127 differences. By using the composite mean differences, the focus is on the results and  
128 interpretations pertaining to both El Niño and La Niña with reversed sign. In the following  
129 sections, three U.S. regions, namely the South, Central and Southeast U.S. as defined by  
130 National Climate Data Center (see Figure S3), are frequently referred to describe regional U.S.  
131 rainfall anomalies.

132

### 133 **3. Onset and Decay Phases**

134 As shown in Figure 1a and 1b, the ENSO SST anomalies in the tropical Pacific evolve  
135 rapidly in spring. Therefore, the ENSO composite mean differences of SST anomalies during the  
136 onset and decay phases are shown separately for early (March – mid-April) and late (mid-April –

137 May) spring in Figure 2a-d. During the onset phase, the tropical Pacific SST anomalies are quite  
138 weak in early spring, but grow rapidly and achieve a statistically significant pattern in late spring  
139 that is similar to the canonical ENSO pattern (i.e., warm SST anomalies in both CP and EP).  
140 During the decay phase, on the other hand, the ENSO SST anomalies remain strong in early  
141 spring especially in CP, but decay rapidly afterward. In late spring, the SST anomalies in CP  
142 largely drop below 0.5°C. It is interesting to note that the spatial pattern of SST anomalies during  
143 the decay phase resembles the 2nd Empirical Orthogonal Function pattern of the tropical Pacific  
144 SST anomalies, also referred to as Trans-Niño, central Pacific El Niño, El Niño Modoki, and  
145 warm pool El Niño in the literature [e.g., *Trenberth and Stepaniak*, 2001; *Yeh et al.*, 2009; *Ashok*  
146 *et al.*, 2007; *Kug et al.*, 2009].

147 Consistent with the rapidly evolving springtime ENSO SST anomalies in the tropical Pacific,  
148 the associated U.S. rainfall anomalies also evolve considerably in spring (Figure 2e-h). During  
149 the onset phase, U.S. rainfall anomalies are only weakly affected in early spring, consistent with  
150 the small amplitude of ENSO SST anomalies in that period. In late spring of a developing El  
151 Niño, the South U.S., especially Texas, experiences wet conditions, while the Ohio Valley  
152 experiences dry conditions.

153 During the decay phase, U.S. rainfall anomalies are quite significant in early spring,  
154 consistent with the large amplitude ENSO SST anomalies in that period. For a decaying El Niño,  
155 the Great Plains and the Southeast U.S., particularly Florida, as well as the southwestern U.S.  
156 experience wet conditions, while the regions immediately south and east of the Ohio River  
157 including Tennessee, Kentucky, and West Virginia experience dry conditions. Note that a similar  
158 spatial pattern of U.S. rainfall anomalies occurs during the peak of El Niño in boreal winter [e.g.,

159 Mo, 2010]. Consistent with the small amplitude of ENSO SST anomalies in late spring of the  
160 decay phase, U.S. rainfall anomalies are relatively small and insignificant during that period.

161

#### 162 **4. Transition and Resurgence Phases**

163 For some ENSO events, the ENSO phase evolutions in spring cannot be solely characterized  
164 as either an onset or a decay phase because the decay of an ENSO event is often accompanied by  
165 the onset of another ENSO event with either the opposite or same sign. The former is referred to  
166 here as the transition phase and the latter as the resurgence phase. Yu and Kim [2010] argued  
167 that an El Niño-to-La Niña transition is more likely to occur when the mean equatorial Pacific  
168 thermocline is shallower than normal whereas a resurgence of El Niño is more likely when the  
169 mean equatorial Pacific thermocline is deeper than normal. However, further study is needed to  
170 explore whether the same mechanism applies to the La Niña-to-El Niño transition and La Niña  
171 resurgence, which is beyond the scope of this study.

172 The spring of 1988, for example, is an El Niño-to-La Niña transition phase because it is both  
173 the decay phase of the 1987-1988 El Niño and the onset phase of the 1988-1989 La Niña.  
174 Another example is the spring of 1999, which is a resurgence phase of La Niña because it is both  
175 the decay phase of the 1998-1999 La Niña and the onset phase of the 1999-2000 La Niña. As  
176 summarized in Table S1, eleven El Niño-to-La Niña transition phases, six La Niña-to-El Niño  
177 transition phases, four resurgence phases of El Niño, and ten resurgence phases of La Niña are  
178 identified during the period of 1949 - 2012.

179 The ENSO composite mean differences of SST anomalies during the transition ( $0.5 \times [ \langle \text{El Niño-to-La Niña transition} \rangle - \langle \text{La Niña-to-El Niño transition} \rangle ]$ ) and resurgence ( $0.5 \times [ \langle \text{El Niño resurgence} \rangle - \langle \text{La Niña resurgence} \rangle ]$ ) phases are shown for early and late spring in Figure 3a-d.



182 As in the previous section, the focus is on the results and interpretations specific to the El Niño-  
183 to-La Niña transition and El Niño resurgence but applicable to the La Niña-to-El Niño transition  
184 and La Niña resurgence, respectively, with reversed sign. During the El Niño-to-La Niña  
185 transition phase, the warm SST anomalies in CP decay rapidly, while the cold SST anomalies in  
186 EP quickly emerge in late spring and achieve below  $-0.5^{\circ}\text{C}$  in the far eastern equatorial Pacific.  
187 This suggests that, during the El Niño-to-La Niña transition phase, the tropical Pacific SST  
188 anomalies in late spring are typically under the influence of the onset phase of the succeeding La  
189 Niña. During the El Niño resurgence phase, the warm SST anomalies are relatively strong and  
190 significant throughout spring especially in CP.

191 As shown in Figure 3e and 3f, during the El Niño-to-La Niña transition phase, the spatial  
192 pattern of U.S. rainfall anomalies in early spring is somewhat similar to that in early spring of a  
193 decaying El Niño, although the amplitude is much smaller overall (compare Figure 3e with  
194 Figure 2g). In late spring, the weakly wet conditions in the South U.S. switch to very dry  
195 conditions, and the regions immediately east and south of the lower Mississippi and Ohio Rivers  
196 including Mississippi, Tennessee and Kentucky are quite wet. Thus, a nearly reversed spatial  
197 pattern (i.e., wet South U.S. and dry Ohio Valley) occurs in late spring of a developing El Niño  
198 (Figure 2f), suggesting that the anomalous U.S. rainfall pattern shown in Figure 3f can be  
199 attributed to the developing La Niña.

200 During the resurgence phase of El Niño, U.S. rainfall anomalies are relatively strong in both  
201 early and late spring (Figure 3g and 3h), consistent with the strong tropical Pacific SST  
202 anomalies during that time (Figure 3c and 3d). However, they are statistically significant only in  
203 limited areas, likely because the resurgence of El Niño took place only four times during 1949-  
204 2012. The spatial pattern of U.S. rainfall anomalies in early spring is similar to that in early

205 spring of a decaying El Niño (compare Figure 3g with Figure 2g), suggesting that the anomalous  
206 U.S. rainfall pattern in that period can be attributed to the decaying El Niño. In late spring, the  
207 South U.S. is anomalously wet, while the Central U.S. including Alabama, Missouri and Illinois  
208 are anomalously dry (Figure 3h). This spatial pattern of U.S. rainfall anomalies in late spring  
209 suggests that the anomalous U.S. rainfall pattern in that period can be attributed to the  
210 developing El Niño (compare Figure 3h with Figure 2f).

211

## 212 **5. Springtime Atmospheric Anomalies over the U.S. associated with ENSO**

213 In an attempt to explain the atmospheric dynamics linking the springtime ENSO phase  
214 evolution to U.S. rainfall anomalies, we perform composite analysis of the anomalous moisture  
215 transport, precipitable water content, variance of 5-day high-pass filtered meridional winds at  
216 300 hPa, which is used to measure extratropical storm activity, and geopotential height at 850  
217 hPa for the onset and decay phases of ENSO. We focus mainly on late spring of the onset phase  
218 and early spring of the decay phase because the corresponding U.S. rainfall anomalies are  
219 relatively strong and significant.

220 It is well known that El Niño events cause the winter atmospheric jet stream to strengthen  
221 over the central and eastern North Pacific and to take a more direct path to North America as  
222 opposed to its usual wavy northeastward path. Thus, the winter storm track over the U.S.  
223 generally shifts southward, causing more frequent wet conditions in the southern U.S. and  
224 northern Mexico and dry conditions in the Ohio Valley [e.g., *Ropelewski and Halpert, 1986;*  
225 *Eichler and Higgins, 2006; Mo, 2010*]. As shown in Figure 4a (contours), during the decay phase  
226 of El Niño, the extratropical storm track is shifted southward in early spring (i.e., synoptic  
227 activity decreases over the northern and central U.S. and increases over the southern U.S. and

228 northern Mexico), suggesting that the mechanism through which ENSO affects U.S. rainfall in  
229 winter months still prevails in early spring. The moisture transport and precipitable water content  
230 anomalies are consistent with the southward shift of the atmospheric jet stream (Figure 4c).

231 In late spring of a developing El Niño, synoptic activity over the U.S. reduces overall  
232 (contours in Figure 4d). However, there is no apparent southward shift of the extratropical storm  
233 tracks (i.e., synoptic activity decreases over the U.S. but does not increase south of the U.S.).  
234 Instead, an anomalous low-level anticyclone that forms east of the Rockies suppresses the  
235 southwesterly low-level winds (Figure 4d) that carry moist air from the Gulf to the Central U.S.,  
236 and redirects the moisture transport to the South U.S. (Figure 4f), in agreement with the  
237 increased instability (i.e., reduced lifted index; not shown) and amount of total precipitable water  
238 (Figure 4f) over the South U.S. and the Gulf coast region. These features in the atmospheric  
239 anomalies are consistent with the dipole of rainfall anomalies shown in Figure 2f: anomalously  
240 wet in the South U.S. and dry in the Ohio River. The overall spatial patterns of the atmospheric  
241 anomalies for the transition and resurgence phases can be similarly explained as those for the  
242 onset and decay phases (Figure S4).

243

## 244 **6. Summary and Discussion**

245 This study explores various types of springtime ENSO phase evolution and associated  
246 rainfall variability in the continental U.S. In boreal spring, the ENSO SST anomalies in the  
247 tropical Pacific are weaker and less coherent compared to those in winter. Nevertheless, there are  
248 unique and significant patterns of springtime U.S. rainfall anomalies frequently appearing during  
249 the onset and decay phases of ENSO, and also during the two mixed cases of transition and  
250 resurgence phases. These patterns of rainfall anomalies are forced by the meridional shift of the

251 atmospheric jet stream and extratropical storm tracks, the zonal shift and  
252 strengthening/weakening of the moisture transport from the Gulf of Mexico, and the changes in  
253 the atmospheric stability and moisture availability.

254 Note that these atmospheric anomalies are direct results of springtime ENSO teleconnections,  
255 which are potentially predictable [e.g., *Quan et al.* 2006]. However, given that our current  
256 understanding of the springtime ENSO phase evolution and the associated atmospheric  
257 teleconnection patterns are very poor, coordinated and comprehensive research efforts are  
258 needed to achieve useful seasonal forecast skill for U.S. rainfall during the springtime ENSO  
259 phase evolution.

260 Among others, one limitation of this study is in our assumption that the results specific to El  
261 Niño can be applied to La Niña with reversed sign. Although this assumption is valid as the first  
262 approximation (not shown), there exist El Niño - La Niña asymmetry and nonlinearity of  
263 teleconnections in spring [e.g., *Jin et al.*, 2003; *Hoerling et al.*, 1997]. This is an important  
264 subject that should be fully explored in future studies along with other important aspects not  
265 explicitly included in this study such as the signal to noise ratio in springtime U.S. rainfall [e.g.,  
266 *Hoerling and Kumar*, 1997] and the predictability of the springtime ENSO phase evolution.

267

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327

## 328 **Figure captions**

329 **Figure 1.** Time-longitude plots of composite (a and b) means and (c and d) standard deviations  
330 of the tropical Pacific SST anomalies averaged between 5°S and 5°N for (a and c) 21 El Niños  
331 and (b and d) 22 La Niñas during 1949-2012, derived from ERSST3. The composite standard  
332 deviation of El Niño (La Niña) measures the spread of the 21 El Niños (22 La Niñas) from their  
333 composite mean. The horizontal black line marks the last day of Year (0). The horizontal gray  
334 lines indicate the start (March 1) and end (May 30) dates of boreal spring. The unit is °C.

335

336 **Figure 2.** Composite mean differences of (a - d) SST and (e - h) U.S. rainfall anomalies between  
337 the onset phase of El Niño and La Niña in (a, e) early spring and (b, f) late spring; and between  
338 the decay phase of El Niño and La Niña in (c, g) early spring and (d, h) late spring derived from  
339 ERSST3 and CPC unified gauge-based analysis of U.S. daily precipitation. In (a – c), negative  
340 and positive contours are in blue and red, respectively, whereas the zero-contour is in dashed

341 black. In (d - f), negative and positive contours are in brown and green, respectively. Significant  
342 values at 90% or above based on a student-*t* test (two-tailed) are shaded. The unit is °C for the  
343 SST anomalies and mm·day<sup>-1</sup> for the rainfall anomalies.

344

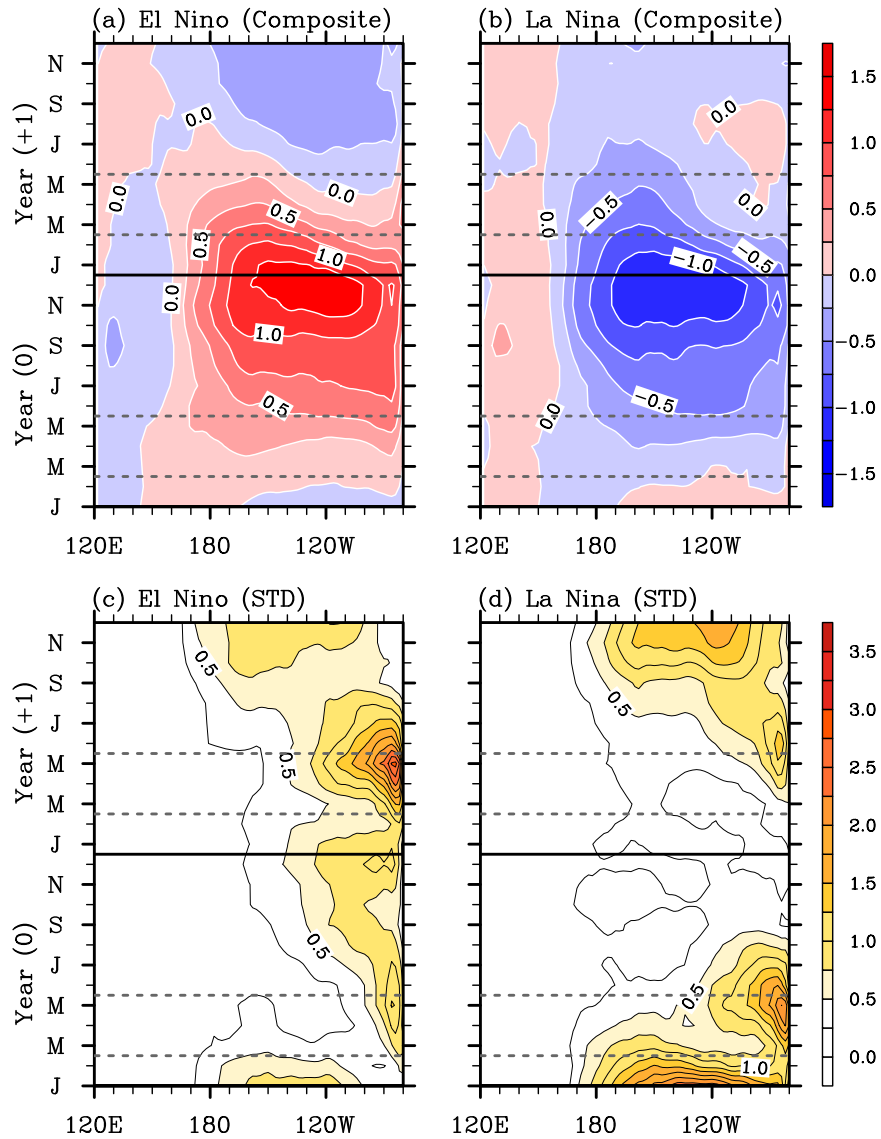
345 **Figure 3.** Composite mean differences of (a - d) SST and (e - h) U.S. rainfall anomalies between  
346 the El Niño-to-La Niña transition phase and the La Niña-to-El Niño transition phase in (a, e)  
347 early spring and (b, f) late spring; and between the resurgence phase of El Niño and the  
348 resurgence phase of La Niña in (c, g) early spring and (d, h) late spring derived from ERSST3  
349 and CPC unified gauge-based analysis of U.S. daily precipitation. In (a - c), negative and  
350 positive contours are in blue and red, respectively, whereas the zero-contour is in dashed black.  
351 In (d - f), negative and positive contours are in brown and green, respectively. Significant values  
352 at 90% or above based on a student-*t* test (two-tailed) are shaded. The unit is °C for the SST  
353 anomalies and mm·day<sup>-1</sup> for the rainfall anomalies.

354

355 **Figure 4.** Upper-panel: anomalous geopotential height at 850 hPa (color shades) and variance of  
356 5-day high-pass filtered meridional winds at 300 hPa (contours) for (a) early spring of ENSO  
357 decay phase and (d) late spring of ENSO onset phase. Mid-panel: climatological moisture  
358 transport (vectors) and precipitable water (color shades) in (b) early and (e) late spring. Bottom-  
359 panel: anomalous moisture transport (vectors) and precipitable water (color shades) for (c) early  
360 spring of ENSO decay phase and (f) late spring of ENSO onset phase. The units are kg·m<sup>-1</sup>·s<sup>-1</sup> for  
361 moisture transport, kg·m<sup>-2</sup> for precipitable water, gpm for geopotential height and m<sup>2</sup>·s<sup>-2</sup> for  
362 variance of meridional winds.

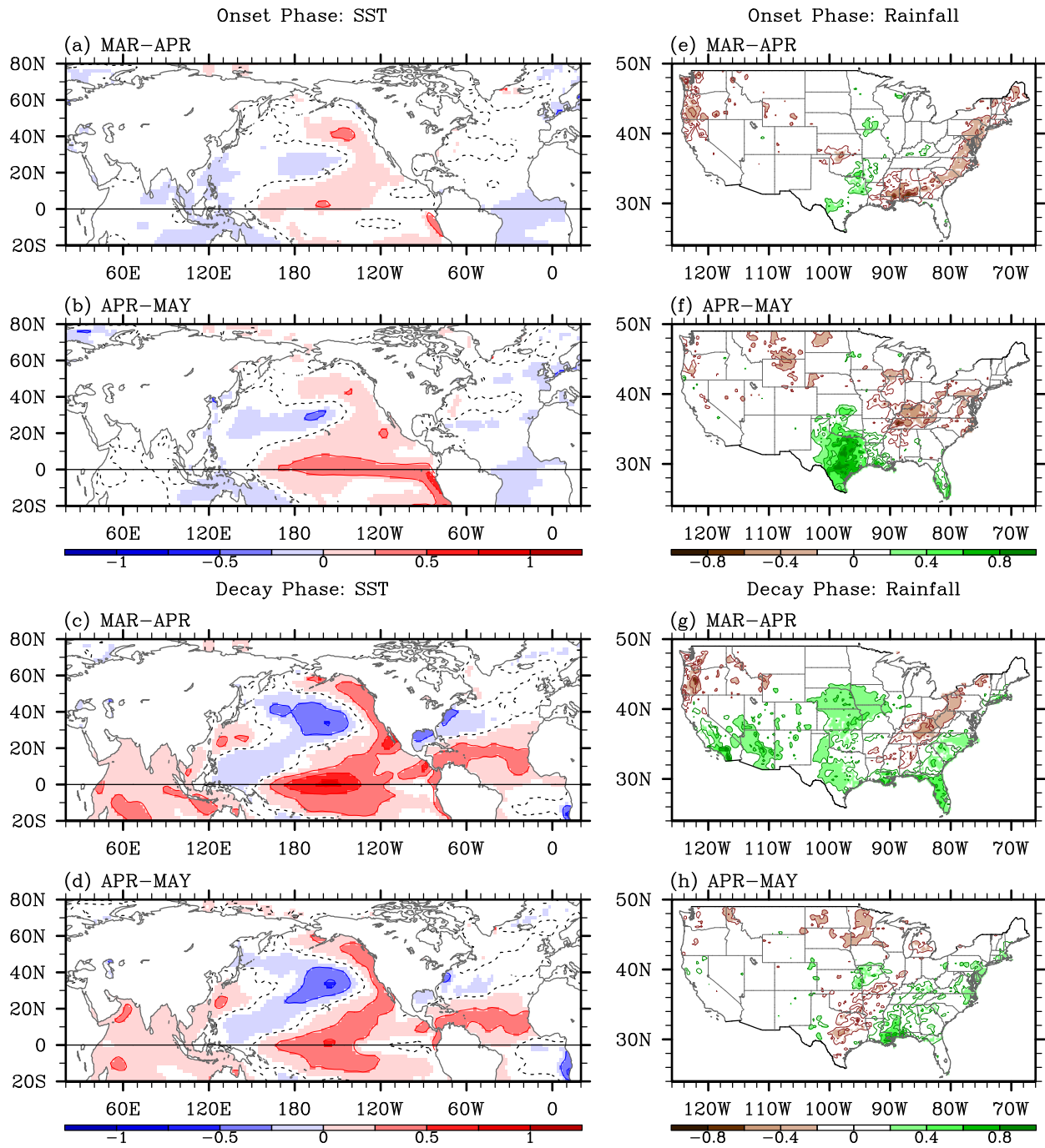


## Equatorial Pacific SST Anomalies during ENSO



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 2 **Figure 1.** Time-longitude plots of composite (a and b) means and (c and d) standard deviations  
 3 of the tropical Pacific SST anomalies averaged between 5°S and 5°N for (a and c) 21 El Niños  
 4 and (b and d) 22 La Niñas during 1949-2012, derived from ERSST3. The composite standard  
 5 deviation of El Niño (La Niña) measures the spread of the 21 El Niños (22 La Niñas) from their  
 6 composite mean. The horizontal black line marks the last day of Year (0). The horizontal gray  
 7 lines indicate the start (March 1) and end (May 30) dates of boreal spring. The unit is °C.  
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## ENSO Composite: Springtime SST and U.S. Rainfall Anomalies



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 2 **Figure 2.** Composite mean differences of (a - d) SST and (e - h) U.S. rainfall anomalies between  
 3 the onset phase of El Niño and La Niña in (a, e) early spring and (b, f) late spring; and between  
 4 the decay phase of El Niño and La Niña in (c, g) early spring and (d, h) late spring derived from  
 5 ERSST3 and CPC unified gauge-based analysis of U.S. daily precipitation. In (a – c), negative

1 and positive contours are in blue and red, respectively, whereas the zero-contour is in dashed  
2 black. In (d - f), negative and positive contours are in brown and green, respectively. Significant  
3 values at 90% or above based on a student-*t* test (two-tailed) are shaded. The unit is °C for the  
4 SST anomalies and mm·day<sup>-1</sup> for the rainfall anomalies.

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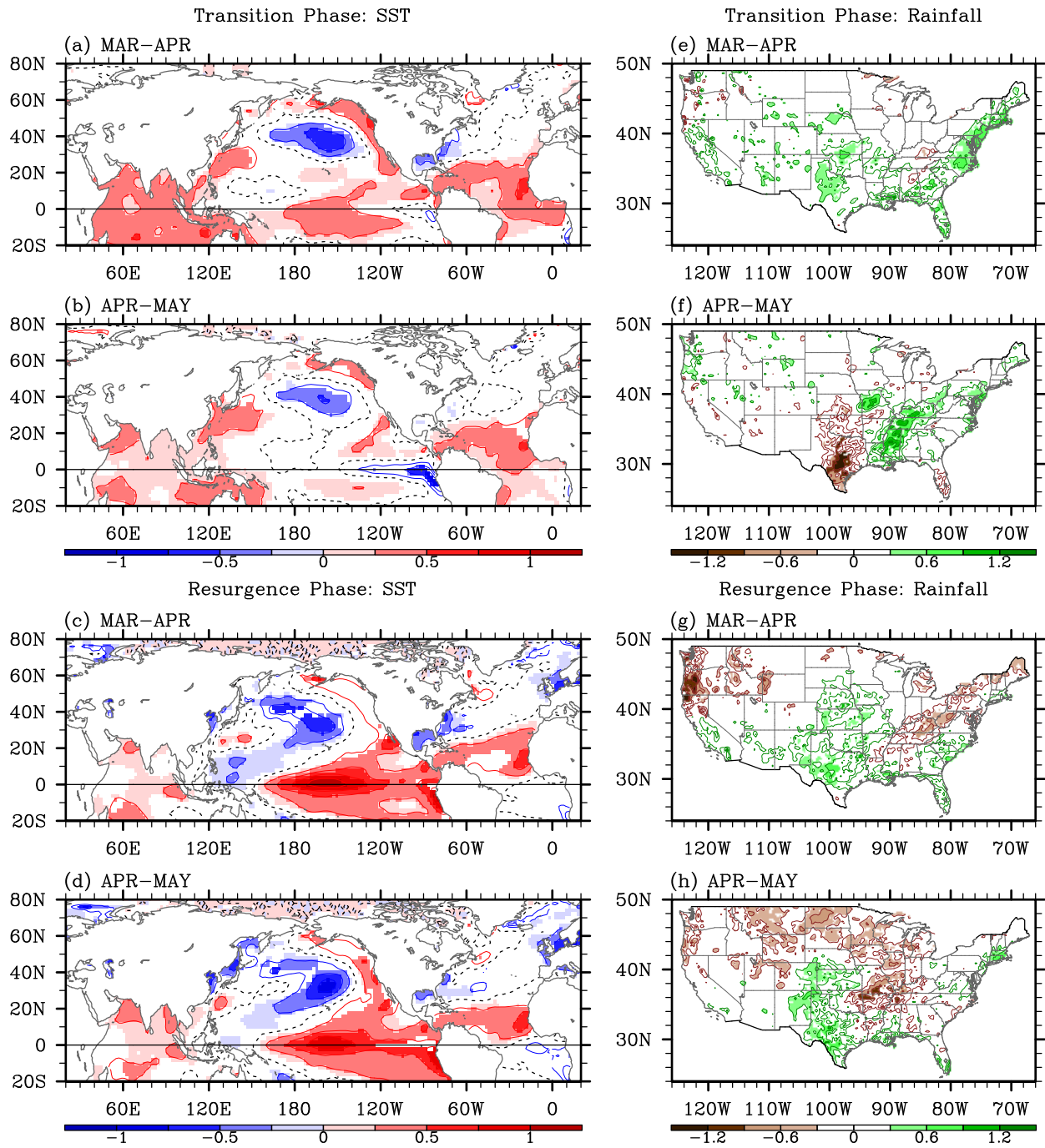
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## ENSO Composite: Springtime SST and U.S. Rainfall Anomalies



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 2 **Figure 3.** Composite mean differences of (a - d) SST and (e - h) U.S. rainfall anomalies between  
 3 the El Niño-to-La Niña transition phase and the La Niña-to-El Niño transition phase in (a, e)  
 4 early spring and (b, f) late spring; and between the resurgence phase of El Niño and the  
 5 resurgence phase of La Niña in (c, g) early spring and (d, h) late spring derived from ERSST3

1 and CPC unified gauge-based analysis of U.S. daily precipitation. In (a – c), negative and  
2 positive contours are in blue and red, respectively, whereas the zero-contour is in dashed black.  
3 In (d - f), negative and positive contours are in brown and green, respectively. Significant values  
4 at 90% or above based on a student-*t* test (two-tailed) are shaded. The unit is °C for the SST  
5 anomalies and mm·day<sup>-1</sup> for the rainfall anomalies.

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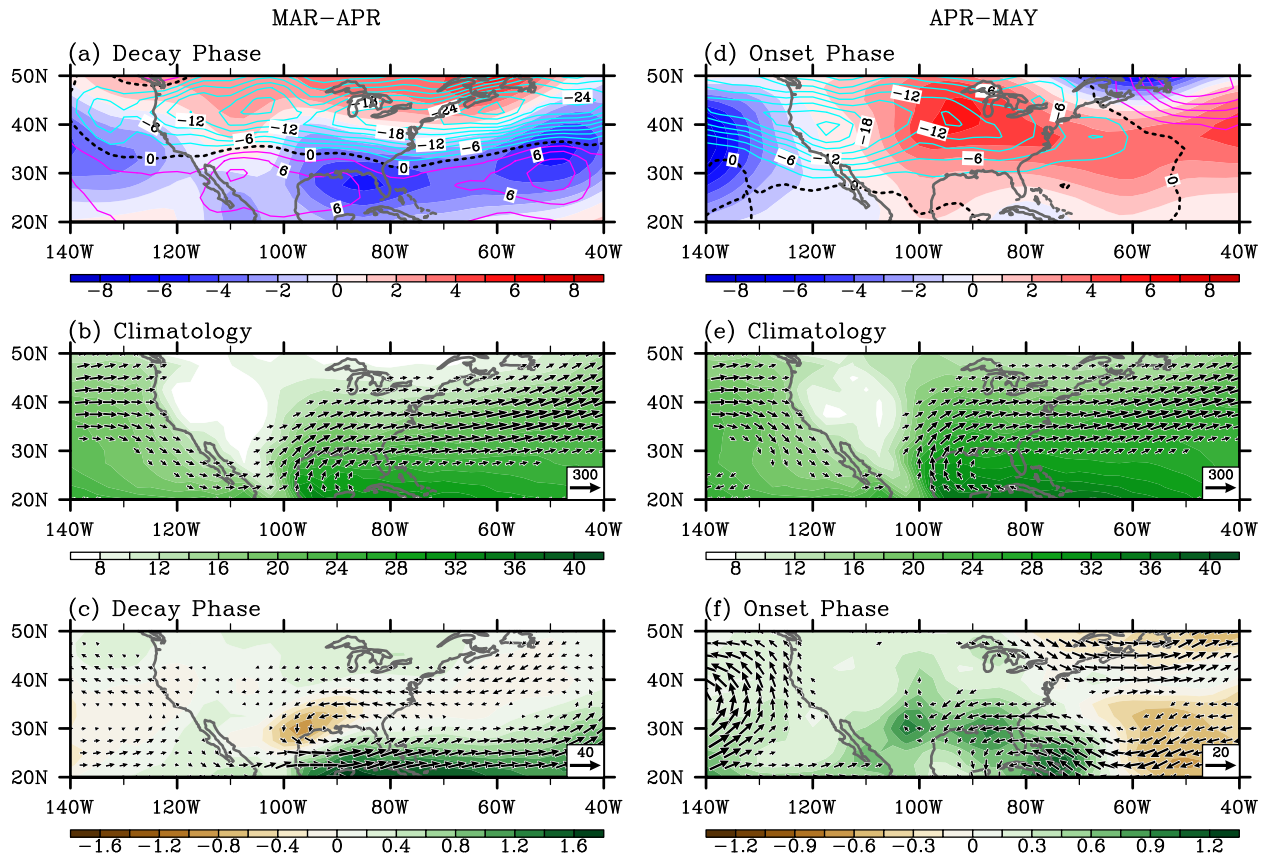
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ENSO Composite: Springtime Atmospheric Anomalies over the U.S.

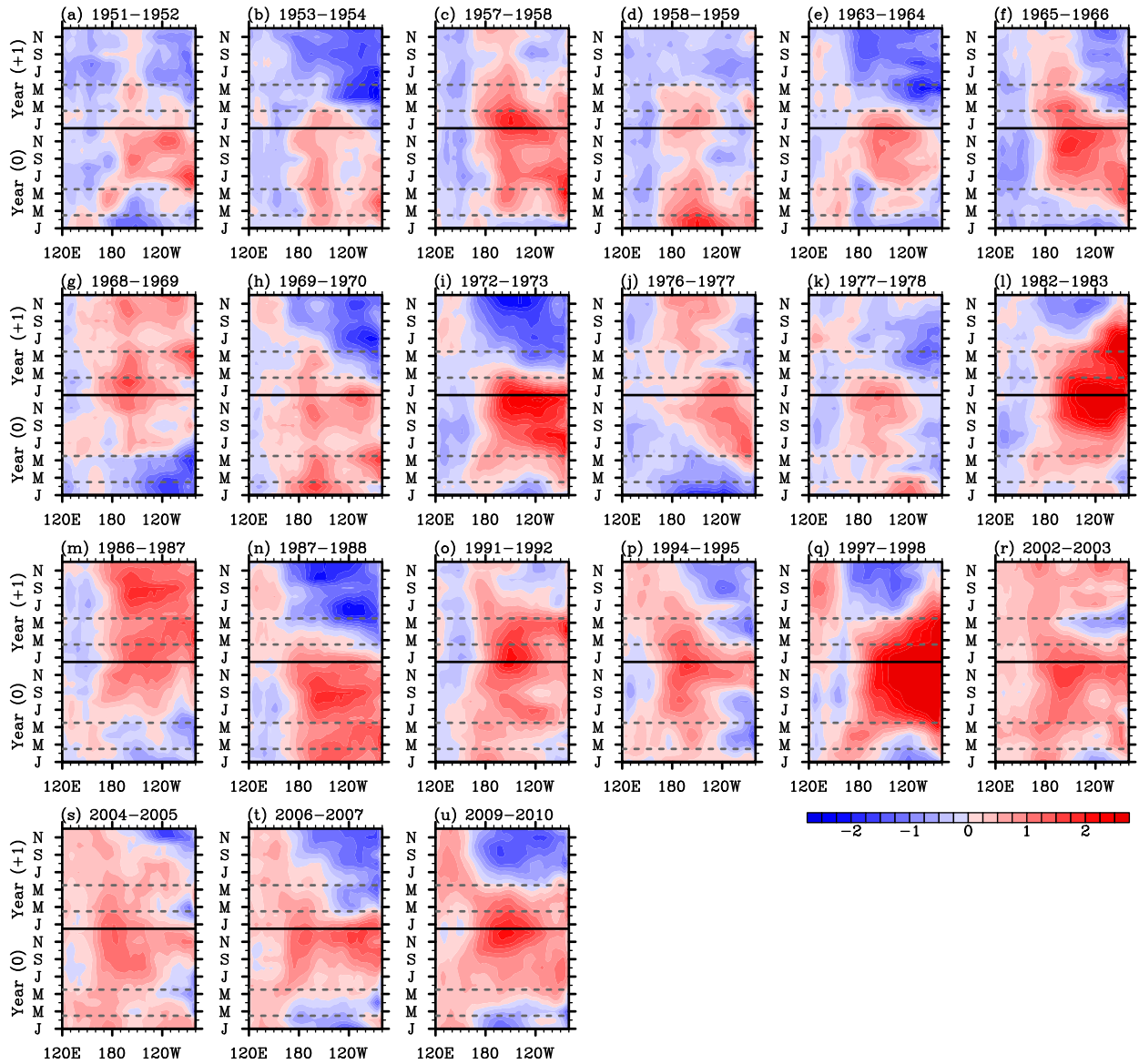


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 2 **Figure 4.** Upper-panel: anomalous geopotential height at 850 hPa (color shades) and variance of  
 3 5-day high-pass filtered meridional winds at 300 hPa (contours) for (a) early spring of ENSO  
 4 decay phase and (d) late spring of ENSO onset phase. Mid-panel: climatological moisture  
 5 transport (vectors) and precipitable water (color shades) in (b) early and (e) late spring. Bottom-  
 6 panel: anomalous moisture transport (vectors) and precipitable water (color shades) for (c) early  
 7 spring of ENSO decay phase and (f) late spring of ENSO onset phase. The units are  $\text{kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$  for  
 8 moisture transport,  $\text{kg}\cdot\text{m}^{-2}$  for precipitable water, gpm for geopotential height and  $\text{m}^2\cdot\text{s}^{-2}$  for  
 9 variance of meridional winds.

**Table S1.** 21 El Niños and 22 La Niñas identified during 1949 - 2012 based on the threshold that three-month averaged SST anomalies in Niño 3.4 should exceed 0.5°C for a minimum of five consecutive months. These ENSO events are listed by their onset - decay years (i.e., year (0) - year (+1)). Those ENSO events followed by the onset of another ENSO event of the opposite and same sign during the decay phase are indicated as “Transition” and “Resurgence”, respectively, while those dissipated to neutral ENSO conditions are indicated as “Dissipation”. ERSST3 is used to compute the SST anomalies in Niño 3.4.

21 El Niños		22 La Niñas	
Year (0) - Year (+1)	Decay phase	Year (0) - Year (+1)	Decay phase
1951 - 1952	Dissipation	1949 - 1950	Resurgence
1953 - 1954	Transition	1950 - 1951	Transition
1957 - 1958	Resurgence	1954 - 1955	Resurgence
1958 - 1959	Dissipation	1955 - 1956	Resurgence
1963 - 1964	Transition	1956 - 1957	Transition
1965 - 1966	Dissipation	1964 - 1965	Transition
1968 - 1969	Resurgence	1970 - 1971	Resurgence
1969 - 1970	Transition	1971 - 1972	Transition
1972 - 1973	Transition	1973 - 1974	Resurgence
1976 - 1977	Resurgence	1974 - 1975	Resurgence
1977 - 1978	Dissipation	1975 - 1976	Transition
1982 - 1983	Transition	1983 - 1984	Resurgence
1986 - 1987	Resurgence	1984 - 1985	Dissipation
1987 - 1988	Transition	1988 - 1989	Dissipation
1991 - 1992	Dissipation	1995 - 1996	Dissipation
1994 - 1995	Transition	1998 - 1999	Resurgence
1997 - 1998	Transition	1999 - 2000	Resurgence
2002 - 2003	Dissipation	2000 - 2001	Dissipation
2004 - 2005	Transition	2005 - 2006	Transition
2006 - 2007	Transition	2007 - 2008	Dissipation
2009 - 2010	Transition	2010 - 2011	Resurgence
		2011 - 2012	Dissipation

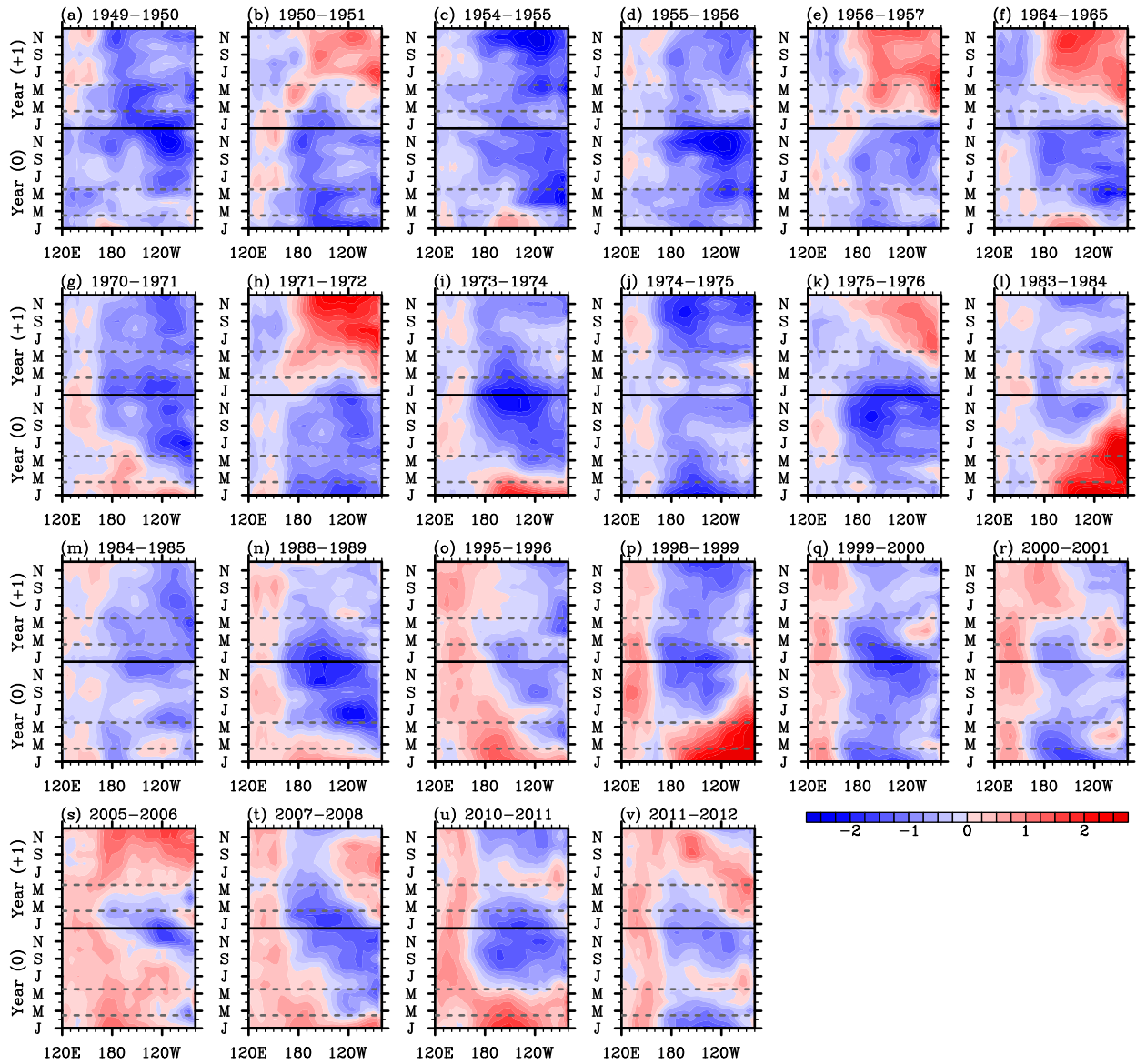
## Equatorial Pacific SST Anomalies – El Ninos



**Figure S1.** Time-longitude plots of the tropical Pacific SST anomalies averaged between 5°S and 5°N for 21 El Niños that occurred during 1949-2012, derived from ERSST3. The unit is °C.

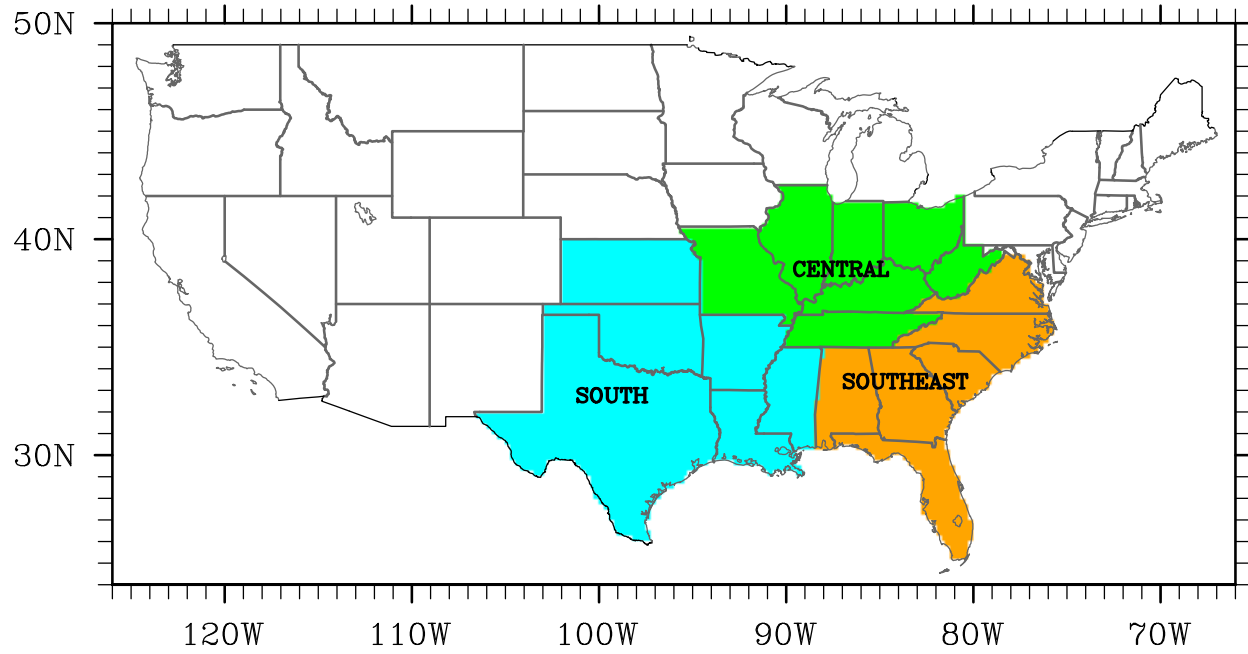


## Equatorial Pacific SST Anomalies – La Ninas



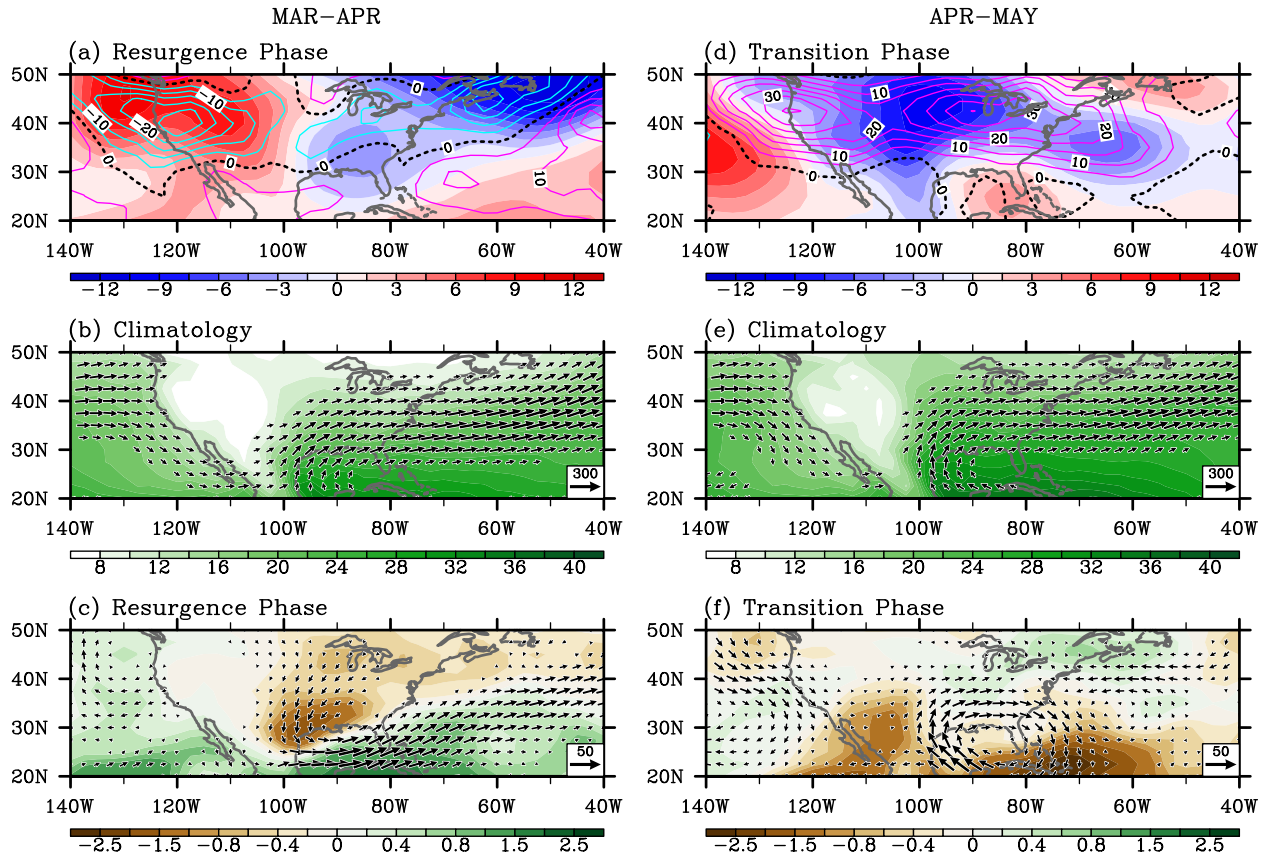
**Figure S2.** Time-longitude plots of the tropical Pacific SST anomalies averaged between 5°S and 5°N for 22 La Niñas that occurred during 1949-2012, derived from ERSST3. The unit is °C.

### Three U.S. Regions defined by NCDC



**Figure S3.** Three U.S. regions, namely the South, Central and Southeast, defined by National Climate Data Center. These regions are frequently referred in the main text to describe regional rainfall anomalies in the U.S.

ENSO Composite: Springtime Atmospheric Anomalies over the U.S.



**Figure S4.** Upper-panel: anomalous geopotential height at 850 hPa (color shades) and variance of 5-day high-pass filtered meridional winds at 300 hPa (contours) for (a) early spring of ENSO resurgence phase and (d) late spring of ENSO transition phase. Mid-panel: climatological moisture transport (vectors) and precipitable water (color shades) in (b) early and (e) late spring. Bottom-panel: anomalous moisture transport (vectors) and precipitable water (color shades) for (c) early spring of ENSO resurgence phase ( $0.5 \times [\langle \text{El Niño resurgence} \rangle - \langle \text{La Niña resurgence} \rangle]$ ) and (f) late spring of ENSO transition phase ( $0.5 \times [\langle \text{El Niño-to-La Niña transition} \rangle - \langle \text{La Niña-to-El Niño transition} \rangle]$ ). The units are  $\text{kg} \cdot \text{m}^{-1} \cdot \text{s}^{-1}$  for moisture transport,  $\text{kg} \cdot \text{m}^{-2}$  for precipitable water, gpm for geopotential height and  $\text{m}^2 \cdot \text{s}^{-2}$  for variance of meridional winds.