1	Pacific origin of the abrupt increase in Indian Ocean heat content
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24 While the net radiation imbalance at the top of the atmosphere continues to suggest an 25 increasingly warming planet, global surface warming has stalled since the end of the 20th century (commonly referred to as the "hiatus")^{1,2}. Studies have shown that a recent shift 26 27 toward a La Niña-like state, marked by cold sea surface temperatures in the eastern tropical Pacific, has induced an anomalous heat flux into the ocean^{3,4,5,6,7,8}. This implies that 28 29 a significant portion of the heat missing from the atmosphere should now be found in the 30 Pacific Ocean. However, in-situ hydrographic records indicate that the Pacific Ocean heat 31 content has been decreasing rather than increasing. Hence, there still exists a significant 32 gap in our understanding of the global surface warming hiatus. Here, we use both 33 observations and model simulations to show that the enhanced heat uptake by the Pacific 34 Ocean has been compensated by an increased heat transport from the Pacific Ocean to the 35 Indian Ocean carried by the Indonesian throughflow. This has led to an abrupt increase in Indian Ocean heat content, which accounts for more than 70% of the global ocean heat 36 37 gain in the upper 700m during the most recent decade. The net outcome is that a significant 38 portion of the heat missing from the atmosphere now resides in the Indian Ocean, which 39 implies an increasingly important role of the Indian Ocean in modulating global climate 40 variability.

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42 Several studies have linked the recent pause in the rise of the global mean surface air temperature 43 to a shift toward a more La Niña–like state in the tropical Pacific Ocean, triggered by a series of 44 long-lasting La Niña events since the end of the 20th century^{3,4,5,6,7,8}. The resulting La Niña-like 45 state has lifted relatively cold equatorial thermocline water towards the surface, producing 46 persistently cold sea surface temperature (SST) anomalies in the eastern Pacific. Cold SST

47 anomalies are associated with reductions in surface upward longwave radiation and latent heat 48 flux to the atmosphere⁹. Thus, the net surface heat flux into the tropical Pacific Ocean sharply 49 increased in the 2000s^{6,8}. In addition, the cold SST anomalies and associated cooling of the 50 atmosphere in the equatorial Pacific could also force extra-tropical stationary waves to remotely 51 enhance heat flux into the Atlantic and Southern Oceans¹⁰. Two independent studies suggested 52 that surface heat uptake indeed increased in the Atlantic and Southern Oceans during the 2000s 53 leading to a downward flux of the upper ocean's heat into the deeper ocean^{8,11}.

54 In agreement with enhanced surface heat uptake in the Pacific, Atlantic, and Southern 55 Oceans, the global ocean heat content in the upper 700m (OHC₇₀₀) increased strongly during 2003-2012 (Fig. 1a) at a rate of about 2.9 \times 10²² J per decade^{11,12,13} (See Supplementary 56 Information 1). However, there are significant differences in recent OHC_{700} changes between the 57 58 major ocean basins, particularly the Pacific and Indian Oceans (Figs. 1b and 1c; see also 59 Supplementary Information 1 and 2). For the Pacific Ocean, OHC₇₀₀ decreased during 2003-2013, in spite of the increased surface heat uptake in the eastern Pacific^{6,8} (Fig. 1c). In sharp 60 contrast, the OHC₇₀₀ of the Indian Ocean increased abruptly during 2003-2012 at a rate of about 61 2.1×10^{22} J per decade (Fig. 1b), accounting for more than 70% of the global ocean heat gain in 62 63 the upper 700m during that period. This suggests that a significant portion of the heat missing from the atmosphere now resides in the upper 700m of the Indian Ocean, with little explanation. 64 Given that the OHC₇₀₀ in the Indian Ocean did not increase during 1971-2000 (Fig. 1b), and that 65 the Indian Ocean (north of 34°S) covers only 12% of the global sea ice-free ocean surface area, 66 the dramatic increase of the Indian OHC_{700} is quite striking. 67

Hence, a significant gap exists in our understanding of the heat missing from the atmosphereand its distribution between the different ocean basins. In particular, the difference between the

Pacific and Indian Oceans in their recent warming trends needs to be reconciled, which is the main objective of the present study. To do so, we use a series of global ocean-sea ice general circulation model simulations forced with the bias-corrected 20th century reanalysis surface fluxes¹⁴ (Methods; see also Supplementary Information 3). Two sets of six-member ensemble experiments are used: a control experiment forced with real-time surface flux fields and a reference experiment forced with climatological surface flux fields (Methods; see also Supplementary Information 4).

77 The results from these ensemble experiments can be summarized as two sets of global 78 OHC_{700} time series (Fig. 1a). The simulated global OHC_{700} from the control experiment follows the time variability of in-situ observations since the 1950s¹² reasonably well. Note that there is 79 80 no apparent drift of the global OHC_{700} in the reference experiment. The dominant forcing terms 81 of the recent hiatus can be determined by comparing the global ocean heat budget terms 82 averaged for the 1971-2000 period with the 2003-2012 period with both periods computed as 83 anomalies relative to the reference experiment (Fig. 1d). The heat budget indicates that the 84 simulated global OHC₇₀₀ increase since 1971 was largely driven by an increased downward longwave radiative heat flux, consistent with the thermodynamic effects of increased 85 86 anthropogenic greenhouse gases in the atmosphere. This flux has accelerated in the most recent 87 decade (i.e., 2003-2012) and is damped by both an increased upward longwave radiative heat 88 flux and latent heat flux.

The Indian OHC_{700} shows very weak to no increase in contrast to the strong global OHC_{700} increase during 1971-2000 in both the observational estimates and the control simulation (Fig. 1b). During the 2000s, however, observations show an abrupt increase, which was reproduced in the control simulation, although the control simulation did not capture a short-term decrease

during the late 1990s. Surprisingly, the heat budget analysis shows that the abrupt increase of the Indian OHC_{700} during 2003-2012 was not due to surface heating, but rather due almost entirely to horizontal advective heat convergence (Fig. 1e). Further heat budget analysis indicates that inter-ocean heat transport from the Pacific Ocean to the Indian Ocean via the Indonesian passages was the main cause of the increased Indian OHC_{700} ; it greatly increased during 2003-2012, overcompensating for the slightly increased southward heat transport from the Indian Ocean to the Southern Ocean across $34^{\circ}S$ (see Supplementary Information 5 for detail).

These changes in the Indian Ocean are supported by complementary changes in the Pacific Ocean. The net surface heat flux into the Pacific Ocean increased greatly during 2003-2012 (Fig. 102 1f), consistent with the La Niña-like condition across the Pacific Ocean^{6,8}. However, the 103 anomalous surface heat uptake was completely masked by horizontal advective heat divergence, 104 which was mainly linked to the increased heat transport to the Indian Ocean (see Supplementary 105 Information 5 for detail). Thus, the Pacific OHC₇₀₀ did not increase, but instead shows a slight 106 decrease during this period.

107 Given the important role played by the inter-ocean heat transport via the Indonesian passages 108 in the Indian and Pacific OHC₇₀₀ changes, a closer examination of the Indonesian throughflow 109 (ITF) is warranted (Fig. 2). During 2003-2012, the ITF heat transport increased from -0.95 PW 110 in the reference experiment to -1.14 PW in the control experiment, yielding about a -0.19 PW of 111 increase into the Indian Ocean (Fig. 2a; see also Supplementary Information 5; the negative 112 indicates transport from the Pacific Ocean to the Indian Ocean). Both the ITF volume transport 113 and the ITF transport-weighted temperature, which is simply the ITF heat transport divided by 114 the ITF volume transport, contributed positively to the ITF heat transport increase (Figs. 2b and 115 2c).

116 The flow through the Makassar Strait accounts for more than 85% of the total ITF volume 117 transport within the upper 700m and hence is a useful proxy for the total ITF^{15} . In-situ 118 observations of the transports in the Makassar Strait (Methods) also indicate that both the volume 119 transport and transport-weighted temperature across the Strait were much larger during 2004-2010 compared to 1997^{15,16,17} (Figs. 2b and 2c). Although the simulated ITF volume transport 120 121 and transport-weighted temperature in the upper 700m did not match year-to-year with the in-122 situ measurements, they were generally much larger in 2006-2008 than in 1997, in overall 123 agreement with the in-situ measurements.

124 It has been shown that the ITF volume transport is mainly dominated by interannual variability associated with El Niño-Southern Oscillation (ENSO)^{18,19}. Indeed, in the control 125 126 experiment, the reduced ITF volume transport during 1997-1998 coincides with the 1997-1998 127 El Niño. Inversely, the large increase in the ITF volume transport during 2006-2008 coincides 128 with the three near-consecutive La Niña events, namely the 2005-2006, 2007-2008, and 2008-129 2009 events, which contributed significantly to the recent La Niña-like state in the Pacific Ocean. 130 Observational evidence is consistent with the reduced ITF during the 1997-1998 El Niño and the 131 increased ITF during the series of La Niña events from 2006-2008. Therefore, it is logical to 132 conclude that a series of long-lasting La Niña events without strong and intervening El Niño 133 events has led to the increased ITF heat transport in the 2000s.

A closer look at the distribution of the changes in sea surface height (SSH) and heat transport during 2003-2012 is shown in Figure 3a. The anomalous zonal wind stress¹⁴ averaged over the Pacific (0°-40°N), Indian (34°S-0°), and Southern Oceans (50°S-34°S) during the same period is shown in Figure 3b. The anomalous easterlies and associated wind stress curl anomalies over the South Indian Ocean produced negative SSH anomalies between 10°S and 0° and positive SSH

anomalies between 25°S and 10°S over the South Indian Ocean^{20,21} (Fig. 3a). Similarly, the 139 140 negative wind stress curl anomalies over the tropical North Pacific associated with the 141 anomalous easterlies (0°-15°N) and westerlies (15°N-30°N) produced positive SSH anomalies in the tropical northwestern Pacific²². Therefore, a strong anomalous pressure gradient formed from 142 143 the tropical northwestern Pacific to the tropical South Indian Ocean, and thus increased the ITF 144 volume and heat transports. In response to the anomalous surface winds, both the North 145 Equatorial Current in the Pacific and the South Equatorial Current in the Indian Ocean 146 strengthened aiding the inter-ocean heat and volume transports. Additional sensitivity 147 experiments (Methods) confirm that the anomalous surface wind fields in the Pacific and Indian 148 Oceans are the key to increasing the ITF heat transport in the control experiment during the 149 2000s as summarized in Figure 4 (see Supplementary Information 6 for detail).

150 During a typical La Niña event, deep tropical convection strengthens over the Maritime 151 Continent, producing anomalous low-level convergence; thus, the easterlies should increase over the western tropical Pacific Ocean and decrease over the eastern tropical Indian Ocean²³. In 152 153 agreement with this, the composite mean zonal wind stress for the La Niña years of 1971, 1975, 154 1989, 1996, and 1999, during which the simulated ITF heat transports increased by more than 155 one standard deviation, increased in the equatorial North Pacific and decreased in the equatorial 156 South Indian Ocean (Fig. 3b). This suggests that the anomalous easterlies over the tropical South 157 Indian Ocean (Fig. 3b) may not be linked to the La Niña-like conditions in the Pacific Ocean. 158 Among others, one hypothesis is that the persistent increase of the SSTs over the tropical Indian 159 Ocean since the 1960s has invigorated the regional Hadley circulation over the Indian Ocean, thus increasing the easterlies in the tropical South Indian $Ocean^{21}$. 160

The ITF is an important component of the global thermohaline circulation²⁴, often referred to 161 162 as the ocean conveyor belt²⁵. If the ITF heat transport remains strong in the next decade, then 163 heat will continue to accumulate in the Indian Ocean which may then be projected into the 164 Atlantic Ocean via Agulhas leakage, another important component of the global thermohaline 165 circulation. This will further increase Atlantic Ocean heat content, which has already increased substantially since the mid-20th century²⁶. As such, in-situ monitoring of the volume and heat 166 167 transports across the Makassar Strait into the Indian Ocean and the Agulhas leakage corridor into 168 the South Atlantic Ocean are vital for our understanding of the distribution of the energy 169 imbalance in the Earth system, which is likely to continue throughout the 21st century.

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171 Methods

172 Model. The global ocean-sea ice coupled model of the NCAR Community Earth System Model version 1 (CESM1)²⁷ forced with the bias-corrected 20th Century Reanalysis (20CR) surface 173 flux variables¹⁴ (see Supplementary Information 3) is used as the primary tool in this study. The 174 175 ocean model is divided into 60 vertical levels. Both the ocean and sea ice models have 360 176 longitudes and 384 latitudes on a displaced pole grid with a longitudinal resolution of about 1.0 177 degrees and a variable latitudinal resolution of approximately 0.3 degrees near the equator. An 178 important advancement in CESM1 from earlier versions is the specification of a spatially-179 variable coefficient in the Gent and McWilliams eddy parameterization, rather than a constant 180 value; the ocean response to increasing Southern Hemispheric winds is in reasonable agreement 181 with experiments using much-higher-resolution ocean models that do not use this eddy parameterization²⁸. See ref. 27 for a more detailed description of the CESM1 ocean-sea ice 182 183 model (CESM1_POP hereafter).

184 Spin-up and reference experiments. To spin up the CESM1_POP, the model was initialized 185 using temperature and salinity fields obtained from the Polar Hydrographic Climatology²⁹ and integrated for 400 years using the bias-corrected 20CR surface flux fields¹⁴. In the spin-up run 186 187 and other CESM1 POP runs, the 6-hourly surface wind vectors, air temperature and specific 188 humidity, daily shortwave and downward longwave radiative heat fluxes, and monthly 189 precipitation rate were specified, whereas the upward longwave radiative heat flux and turbulent 190 surface fluxes were determined interactively by using the 6-hourly surface wind speed, air 191 temperature and specific humidity, along with the model-produced SSTs. To incorporate the 192 impact of atmospheric noise during the spin-up, which plays a crucial role in thermohaline 193 convection and deep-water formation in the North Atlantic sinking regions, the surface forcing 194 fields in each model year were randomly selected from the period of 1948-1977 following the 195 spin-up methodology used in ref. 26 (see also Supplementary Information 4). In the 400 years of the CESM1_POP spin-up run, the simulated global OHC₇₀₀ showed no sign of drift after about 196 197 200 years. Nevertheless, the 400 years of spin-up may not be long enough for deeper oceans to 198 reach a quasi-equilibrium state, if such a state exists. Therefore, to ensure that there is no long-199 term model drift in the real-time experiments, the CESM1_POP spin-up run was continued for 200 additional 600 years, which is referred to as the reference experiment. In all experiments, the 201 CESM1 POP was forced using the bias-corrected 20CR surface flux fields whose monthly 202 climatologies and high-frequency variability (i.e., 5-day high-pass filtered) were corrected by 203 using the surface flux fields obtained from the common ocean-ice reference experiments version 204 2 (ref. 30).

205 Control experiment. After the spin-up run, the CESM1_POP was integrated from 1948-2012
206 using the real-time bias-corrected 20CR surface flux fields. This experiment, referred to as the

control experiment, consists of six-member model integrations that were initialized with different
ocean-sea ice conditions, derived from the reference experiment on the 401st, 501st, 601st,
701st, 801st, and 901st model years, to represent internal ocean variability. The six-member
ensemble mean of the control experiment is analyzed in reference to the six-member ensemble
mean of the reference experiment (i.e., the ensemble mean of the 401-465, 501-565, 601-665,
701-765, 801-865, and 901-965 model years; see also Supplementary Information 5).

213 **Three sensitivity experiments.** These experiments are identical to the control experiment except 214 that real-time surface winds were applied only over specified oceans; for the rest of the ocean, 215 the surface wind fields in each model year were randomly selected from the 1948-1977 period 216 (i.e., reference surface wind fields), as in the spin-up and reference experiments. In the first 217 experiment (EXP_SOC), real-time surface winds were used over the Southern Ocean south of 218 34°S, and the rest of the ocean was prescribed with the reference surface wind fields. In the 219 second experiment (EXP PAC), real-time winds were used over the Pacific Ocean, and the other 220 oceans were prescribed with the reference surface wind fields. Similarly, in the third experiment 221 (EXP_IND), real-time winds were used over the Indian Ocean, and the other oceans were 222 prescribed with the reference surface wind fields. Note that in all three experiments, the Southern 223 Ocean was prescribed with real-time surface winds to focus on the different role of anomalous 224 surface winds over the Pacific and Indian Oceans (see also Supplementary Information 6).

In-situ estimates of the Indonesian throughflow within the Makassar Strait. The annual mean values of the volume transport and transport-weighted temperature across the Makassar Strait were computed for 1997 and 2004-2010 using hourly data from moorings (0 – 700 m) located in the Labani Channel of Makassar Strait^{15,16,17}. The climatological temperature profile was used for all years; it is based on all CTD stations in the vicinity of the moorings. The temperature profile varied only slightly compared to transport changes; thus, using theclimatology adds only slightly to the uncertainty of the transport-weighted temperature.

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Author Contributions: S.-K.L conceived the study and wrote the initial draft of the paper. S.-K.
L. designed and performed the experiments. S.-K.L, W.P., M.O.B., and A.L.G. significantly
contributed to the discussion and interpretation of results and writing of the paper. A.L.G. and
B.A.H. analyzed the Makassar Strait mooring data. Y.L. assisted in the analysis.



Ocean Heat Content in the Upper 700m (OHC_{700}) and Heat Budget

Figure 1. OHC₇₀₀ and heat budget for the global ocean, and the Indian and Pacific Oceans. Time series of OHC₇₀₀ for (a) the global ocean, and (b) the Indian and (c) Pacific Oceans derived from the control and reference experiments and observations¹² are shown. The storage rate (Q_{STR}) , horizontal and vertical advections $(Q_{ADV_{H}} \text{ and } Q_{ADV_{V}})$, net surface heat flux (Q_{NET}) , shortwave radiation (Q_{SWR}) , downward and upward longwave radiations $(Q_{LDN} \text{ and } Q_{LUP})$, and latent and sensible heat fluxes $(Q_{LHF} \text{ and } Q_{SHF})$ for (d) the global ocean and (e) the Indian and (f) Pacific Oceans derived from the control experiment relative to the reference experiment are averaged for the 1971-2000 (green bars) and 2003-2012 periods (red bars). The error bars show the 90% confidence levels derived from the six-member ensemble runs. The blue circles in (e) and (f) indicate the values for the inter-ocean heat transport via the Indonesian passages.





Figure 2. ITF heat and volume transports and transport-weighted temperature. Time series of (a) the ITF heat transport, (b) the ITF volume transport and (c) the ITF transport-weighted temperature are derived from the control and reference experiments. The two digit numbers in (a) indicate the onset years of El Nino (in blue color) and La Nina (in red color) events since 1990. In-situ measurements of volume transport and transport-weighted temperature across the Makassar Strait^{15,16,17} (crossed circles) are also shown in (b) and (c; right vertical axis).



SSH and Heat Transport in the Upper 700m (2003:2012) and TAUX

Figure 3. The sea surface height, the heat transport and the zonal wind stress. (a) The sea surface height (color shades) and the heat transport in the upper 700m (arrows) during 2003-2012 derived from the control experiment relative to the reference experiment are shown. (b) The anomalous zonal wind stress from the 20th century reanalysis¹⁴ averaged over the Pacific (0°-40°N), Indian (34°S-0°) and Southern Ocean (50°S-34°S) are shown for 2003-2012 (solid lines) and for the composite mean of the La Niña years of 1971, 1975, 1989, 1996 and 1999 (dashed lines). Units are cm for sea surface height, and Wm⁻¹ for heat transport.





Figure 4. OHC₇₀₀ **and heat budget for three additional sensitivity experiments.** Time series of OHC_{700} for (a) the Indian and (b) Pacific Oceans derived from EXP_SOC, EXP_PAC, EXP_IND, and the reference experiment are shown. The heat budget terms for (c) the Indian and (d) Pacific Oceans derived from EXP_SOC, EXP_PAC, and EXP_IND relative to the reference experiment are averaged for 2003-2012. The error bars show the 90% confidence levels derived from the six-member ensemble runs. The blue circles in (c) and (d) indicate the values for the inter-ocean heat transport via the Indonesian passages. The inter-ocean heat transport increased in both EXP_PAC and EXP_IND but nearly unchanged in EXP_SOC.

Pacific origin of the abrupt increase in Indian Ocean heat content

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Figure S1. Four major ocean basins defined in this study. The Atlantic Ocean (ATL) includes the Mediterranean Sea and the Labrador Sea. The Southern Ocean (SOC) is directly connected to the Atlantic, Pacific and Indian Oceans at 34°S. The Indian Ocean (IND) and the Pacific Ocean (PAC) are directly connected via the Indonesian passages across 1.6°S. The contribution of the Arctic Sea on the global ocean heat change is very small thus not discussed in this study.

The World Ocean Atlas 2013 $(WOA13)^1$ was used to compute OHC_{700} for the global ocean, and for the Atlantic, Pacific, Indian and Southern Oceans (Fig. S1). The rates of OHC_{700} change for the global ocean, and for the Indian, Pacific, Atlantic and Southern Oceans, computed from WOA13, are shown in Table S1.

Table S1. Rates of OHC ₇₀₀ change for the global ocean and the four major ocean basins. The rates of OHC ₇₀₀
change for the global ocean, and for the Indian, Pacific, Atlantic and Southern Oceans, derived from WOA13, are
shown for the periods of 1971-2000 and 2003-2012. The unit is 10 ²² J per decade.

Periods	Global Ocean	Indian Ocean	Pacific Ocean	Atlantic Ocean	Southern Ocean
1971-2000	2.8	-0.2	0.9	1.3	0.6
2003-2012	2.9	2.1	-0.4	-0.3	1.5

For the ocean heat content changes below 700 m, there is no reliable in-situ global deep ocean data before the Argo observations whose spatial coverage over the global ocean reached a mature state only around 2004-2005. Since there is no reliable global deep ocean observation data for the study period (1971-2012), the ocean heat content changes below 700 m were not explored in this study.

It should be also noted that the OHC_{700} derived from WOA13 increased sharply during 2001-2003 in all ocean basins including the Atlantic and Southern Oceans (Figs. 1 and S2). Previous studies have suggested that the changes in the historical observation network from a ship-based system to Argo floats introduced an artificial jump in OHC_{700} during the initiation of the global Argo array $(2001-2003)^{2,3,4}$. Therefore, the OHC_{700} changes derived from WOA13 during 2001-2003 were not used in this study.



S.I.2. Recent OHC₇₀₀ changes and heat budget for the Atlantic and Southern Oceans

Figure S2. OHC₇₀₀ and heat budget for the Atlantic and Southern Oceans. Time series of OHC₇₀₀ for (a) the Atlantic and (b) Southern Oceans derived from the control and reference experiments and observations¹² are shown. The heat budget terms, namely the storage rate (Q_{STR}), horizontal and vertical advections (Q_{ADV_H} and Q_{ADV_V}), net surface heat flux (Q_{NET}), shortwave radiation (Q_{SWR}), downward and upward longwave radiations (Q_{LDN} and Q_{LUP}), latent heat flux (Q_{LHF}) and sensible heat flux (Q_{SHF}), for (c) the Atlantic and (d) Southern Oceans derived from the control experiment relative to the reference experiment are averaged for the 1971-2000 (green bars) and 2003-2012 periods (red bars). The error bars show the 90 % confidence levels derived from the six-member ensemble runs.

Overall, the control experiment reasonably well captured the observational estimates of OHC_{700} changes in the Atlantic and Southern Oceans since the 1970s (Figs. S2a and S2b). As discussed in S.I.1, however, the OHC_{700} derived from WOA13 increased sharply during 2001-2003 in the Atlantic and Southern Oceans likely due to the changes in historical observation network from a ship-based system to Argo floats^{2,3,4}. The simulated OHC_{700} from the control experiments does not show such a sharp increase during this period either in the Atlantic Ocean or in the Southern Ocean.

In the Atlantic Ocean, the surface heat uptake increased considerably during 2003-2012 in comparison to the earlier period of 1971-2000. However, a large portion of the anomalous surface heat uptake was transported to the deeper ocean below 700 m ($Q_{ADV_v} < 0$), consistent with previous studies^{5,6}; thus, the OHC₇₀₀ did not increase much during 2003-2012 (Figs. S2a and S2c).

In the Southern Ocean, the surface heat uptake reduced somewhat during 2003-2012 in comparison to the earlier period of 1971-2000. Nevertheless, the OHC₇₀₀ did increase during 2003-2012 with a slightly higher rate than that during 1971-2000 (Figs. S2b and S2d) mainly because the southward heat transport into the Southern Ocean across 34° (mainly from the Indian Ocean; see Table S6) increased during 2003-2012 in comparison to the earlier period of 1971-2000.

Additionally, there was no significant transport of heat to the deeper Southern Ocean disagreeing with previous studies^{5,6}. However, since there is no reliable in-situ deep ocean data in the Southern Ocean for the study period (1971-2012) and the current state-of-the-art ocean-sea ice models in general have difficulties in reproducing the climatology in the Southern Ocean⁷, the heat budget analysis result for the Southern Ocean and its implication for the deeper Southern Ocean should be interpreted with caution.

S.I.3. Discussion on the bias-corrected 20CR surface flux fields

In order to minimize potential biases in the 20CR surface flux fields (see ref 8), the monthly climatologies and high-frequency variability of the 20CR surface flux fields were corrected using the surface flux fields derived from the common ocean-ice reference experiments version 2 (CORE2; ref 9), which is a global surface flux data set corrected by using available observations.

We first constructed a set of monthly surface flux climatologies using the 20CR surface flux variables for 1984-2006, and another set of monthly surface flux climatologies using the CORE2 surface flux variables for the same period. Then, the differences between the two sets of climatologies (i.e., CORE2 - 20CR) were added to the 20CR surface forcing fields.

After correcting the monthly climatologies in the 20CR surface flux variables, a 5-day high-pass filter was applied to the CORE2 surface flux fields to obtain high-frequency variability in the CORE2 surface flux fields. Similarly, a 5-day low-pass filter was applied to the above processed 20CR surface forcing fields to remove high-frequency variability. Then, for each model year (from 1948 to 2012), the high-pass filtered CORE2 surface flux fields for a randomly selected year during 1984-2006 were added to the low-pass filtered 20CR surface flux fields to construct the bias-corrected 20CR surface flux fields.

S.I.4. Discussion on the spin-up run

It is a common practice to spin up an ocean model with a seasonally varying climatological surface flux data set. However, recent studies have suggested that weather noise (linked to winter storms for example) and interannual-frequency surface forcing (linked to the North Atlantic Oscillation for example) are also important in shaping the mean state of the global ocean¹⁰. The spin-up method with randomly selected forcing years used in this study¹¹ (Method) conserves the

total variance of the surface flux fields without introducing spurious long-term variability. Therefore, it is an effective way to spin up any ocean or ocean-sea ice coupled models.

S.I.5. Discussion on the heat budget analysis

The heat budgets summarized in Figs. 1 and S2 were obtained by first integrating the heat budget terms derived from the control experiment for the global ocean and for the individual major ocean basins. The spatially integrated heat budget terms for the global ocean and for the individual ocean basins were then averaged for the 1971-2000 and for 2003-2012 periods. The same procedure was used to compute the corresponding heat budget terms from the reference experiment, which were later subtracted from those derived from the control experiment. Therefore, the heat budget terms shown in Figs. 1 and S2 are the time-averaged values for the 1971-2000 and 2003-2012 periods in the control experiment relative to the reference experiment.

The heat budget values obtained from the control experiment for 1971-2000 and 2003-2012, the 30-year mean and 10-year mean of the reference experiment, and the differences (control experiment for 1971-2000 minus 30-year mean of the reference experiment; control experiment for 2003-2012 minus 10-year mean of the reference experiment) are summarized in Table S2, S3, S4, S5 and S6 for the global ocean and for the Indian, Pacific, Atlantic and Southern Oceans, respectively. The heat budget values for the control experiment are based on the 6-member ensemble averages. For the reference experiment, the 6-member ensemble averages of the 424-453, 524-553, 624-653, 724-753, 824-853, and 924-953 model years were used to obtain the 30-year mean heat budget values. Similarly, the 6-member ensemble averages of the 456-465, 556-565, 656-665, 756-765, 856-865, and 956-965 model years were used to obtain the 10-year mean heat budget values.

Table S2. Heat budget for the global ocean in the upper 700 m. The heat budget terms for the global ocean in the
upper 700 m derived from the control experiment for 1971-2000 and 2003-2012, the 30-year mean and 10-year
mean of the reference experiment and the differences (control experiment for 1971-2000 minus 30-year mean of the
reference experiment; control experiment for 2003-2012 minus 10-year mean of the reference experiment) are
shown. The unit is PW.

		1971-2000			2003-2012	
Heat budget terms	Control	Reference	Control – Reference	Control	Reference	Control – Reference
$Q_{\rm STR}$	0.10	0.00	0.10	0.12	0.01	0.11
$Q_{\rm NET}$	0.12	-0.02	0.15	0.19	-0.03	0.23
$Q_{\rm SWR}$	59.51	59.34	0.17	59.46	59.36	0.10
$Q_{\rm LHF}$	-34.10	-33.75	-0.35	-34.48	-33.76	-0.72
$Q_{\rm SHF}$	-5.41	-5.57	0.16	-5.30	-5.58	0.28
$Q_{\rm LDN}$	123.34	122.75	0.58	124.17	122.72	1.45
\tilde{Q}_{LUP}	-143.11	-142.69	-0.42	-143.56	-142.68	-0.88
$\tilde{Q}_{\mathrm{ADV_v}}$	-0.02	0.02	-0.04	-0.08	0.04	-0.12

	1971-2000				2003-2012	
Heat budget terms	Control	Reference	Control – Reference	Control	Reference	Control – Reference
$Q_{\rm STR}$	0.00	0.00	0.00	0.07	0.00	0.07
$Q_{ m NET}$	0.13	0.11	0.02	0.11	0.12	-0.01
$Q_{ m SWR}$	9.55	9.49	0.06	9.57	9.51	0.06
$Q_{ m LHF}$	-5.99	-5.88	-0.11	-6.10	-5.88	-0.22
$Q_{ m SHF}$	-0.64	-0.68	0.03	-0.63	-0.68	0.05
$Q_{ m LDN}$	17.89	17.81	0.07	18.01	17.81	0.12
$Q_{ ext{lup}}$	20.68	-20.65	-0.03	-20.74	-20.65	-0.09
$Q_{\mathrm{ADV}_{\mathrm{H}}}$ (SOC to IND)	-1.11	-1.12	0.01	-1.18	-1.11	-0.07
$Q_{\mathrm{ADV}_{\mathrm{H}}}$ (PAC to IND)	0.96	0.97	-0.01	1.14	0.95	0.19
$Q_{\rm ADV_v}$	0.02	0.04	-0.01	0.00	0.04	-0.04

Table S3. Heat budget for the Indian Ocean in the upper 700 m. Same as Table S2, except for the Indian Ocean.

Table S4. Heat budget for the Pacific Ocean in the upper 700 m. Same as Table S2, except for the Pacific Ocean.

		1971-2000			2003-2012	
Heat budget terms	Control	Reference	Control – Reference	Control	Reference	Control – Reference
$Q_{\rm STR}$	0.02	0.00	0.02	-0.02	0.00	-0.02
$Q_{ m NET}$	0.82	0.81	0.02	0.93	0.79	0.13
$Q_{ m SWR}$	26.32	26.25	0.08	26.22	26.26	-0.04
$Q_{ m LHF}$	-15.63	-15.50	-0.13	-15.69	-15.52	-0.18
$Q_{ m SHF}$	-2.08	-2.12	0.04	-2.01	-2.12	0.11
$Q_{ m LDN}$	52.31	52.21	0.10	52.57	52.21	0.36
Q_{LUP}	-60.08	-60.01	-0.07	-60.14	-60.01	-0.13
$Q_{ m ADV_{H}}$ (SOC to PAC)	0.24	0.23	0.01	0.27	0.22	0.06
$Q_{\mathrm{ADV}_{\mathrm{H}}}$ (IND to PAC)	-0.96	-0.97	0.01	-1.14	-0.95	-0.19
$Q_{\mathrm{ADV}_{\mathrm{v}}}$	-0.09	-0.07	-0.02	-0.08	-0.06	-0.02

Table S5. Heat budget for the Atlantic Ocean in the upper 700 m. Same as Table S2, except for the Atlantic Ocean.

		1971-2000			2003-2012	
Heat budget terms	Control	Reference	Control – Reference	Control	Reference	Control – Reference
$Q_{\rm STR}$	0.05	0.00	0.04	0.00	0.00	0.00
$Q_{ m NET}$	-0.31	-0.33	0.02	-0.29	-0.34	0.05
$Q_{\rm SWR}$	12.72	12.71	0.01	12.72	12.72	0.00
$Q_{ m LHF}$	-7.57	-7.53	-0.04	-7.66	-7.54	-0.12
$Q_{\rm SHF}$	-1.176	-1.20	0.02	-1.15	-1.20	0.05
$Q_{\rm LDN}$	25.42	25.36	0.06	25.67	25.36	0.31
\tilde{Q}_{LUP}	-29.65	-29.60	-0.04	-29.81	-29.61	-0.22
$\hat{Q}_{\mathrm{ADV}_{\mathrm{H}}}$ (SOC to ATL)	0.65	0.61	0.04	0.63	0.61	0.03
$Q_{\rm ADV_v}$	-0.29	-0.28	-0.01	-0.34	-0.27	-0.07

		1971-2000			2003-2012	
Heat budget terms	Control	Reference	Control – Reference	Control	Reference	Control – Reference
$Q_{\rm STR}$	0.04	0.00	0.04	0.06	0.00	0.05
$Q_{\rm NET}$	-0.46	-0.56	0.10	-0.50	-0.56	0.06
$Q_{ m SWR}$	10.54	10.54	0.01	10.58	10.54	0.04
$Q_{ m LHF}$	-4.66	-4.59	-0.07	-4.78	-4.58	-0.20
$Q_{ m SHF}$	-1.38	-1.45	0.07	-1.38	-1.45	0.07
$Q_{\rm LDN}$	26.20	25.93	0.27	26.33	25.92	0.40
Q_{LUP}	-30.91	-30.72	-0.19	-30.99	-30.72	-0.27
$Q_{\rm ADV_{\rm H}}$ (ATL to SOC)	-0.65	-0.61	-0.04	-0.63	-0.61	-0.03
$Q_{\mathrm{ADV}_{\mathrm{H}}}$ (IND to SOC)	1.11	1.12	-0.01	1.18	1.11	0.07
$Q_{\mathrm{ADV}_{\mathrm{H}}}$ (PAC to SOC)	-0.24	-0.23	-0.01	-0.27	-0.22	-0.06
$Q_{\mathrm{ADV_v}}$	0.28	0.28	0.00	0.29	0.28	0.00

Table S6. Heat budget for the Southern Ocean in the upper	700 m . Same as Table S2, except for the Southern
Ocean.	

As shown in Tables S3 and S4, the inter-ocean heat transport from the Pacific to the Indian Ocean via the Indonesian passages greatly increased during 2003-2012 (~ 0.19 PW). During the same period, the southward heat transport from the Indian Ocean to the Southern Ocean across 34°S increased (~ -0.07 PW; the negative indicates transport from the Pacific Ocean to the Indian Ocean) and thus slightly decreased the heat gain from the Pacific Ocean. In the Pacific Ocean, the increased inter-ocean heat transport from the Pacific to the Indian Ocean (~ -0.19 PW; the negative indicates transport from the Pacific Ocean) was somewhat compensated by the increased northward heat transport from the Southern Ocean to the Pacific Ocean to the Pacific Ocean across 34°S (~ 0.06 PW).

S.I.6. Discussion on the three sensitivity experiments

Additional sensitivity experiments (Methods) were carried out to further understand the relative importance of wind forcing from the different ocean basins in driving the ITF variability. Using real-time surface winds *inside* the Pacific Ocean and climatological winds *outside* of the Pacific Ocean (EXP_PAC), the abrupt increase of the Indian OHC₇₀₀ during the 2000s was successfully simulated, whereas ensemble runs forced by real-time surface winds *inside* the Southern Ocean and climatological surface winds *outside* of the Southern Ocean (EXP_SOC) almost completely failed to reproduce the Indian OHC₇₀₀ increase in the 2000s (Fig. 4a).

Using real-time surface winds *inside* the Indian Ocean and climatological surface winds *outside* of the Indian Ocean (EXP_IND), the ensemble runs captured the Indian OHC₇₀₀ increase, although only a small fraction of it (Fig. 4a). In both EXP_PAC and EXP_IND, the heat budget also indicates that the inter-ocean heat transport carried by the ITF increased during 2003-2012, albeit more so in EXP_PAC than in EXP_IND (Fig. 4c). Therefore, these sensitivity experiments confirm that the anomalous surface wind fields in the Pacific and Indian Oceans are the key to increasing the ITF heat transport in the control experiment during 2003-2012.

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