Sea surface temperature in the north tropical Atlantic as a trigger for El Niño/Southern Oscillation events

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11 Supporting Results

12 Observational analyses

Supplementary Fig. 1 shows the time series of DJF NINO3.4 SST from 1980 to 13 2010. To clarify the relationship between NTA SST and ENSO, years with NTA 14 warming (NTA SST greater than one standard deviation) and cooling (NTA SST smaller 15 than minus one standard deviation) during the previous FMA season are denoted by 16 red and blue bars, respectively. There are six cases of NTA warming, and in each case a 17 negative NINO3.4 SST followed. Similarly, three out of the four cases of NTA cooling 18 19 show positive NINO3.4 SST during the following DJF season. These relationships imply that the NTA SST during the boreal spring season has a strong inverse relationship with 20 21 the ENSO during the following winter season. Interestingly, three El Niño cases after NTA cooling were in 1986/87, 1994/95, and 2009/10, which are warm-pool (WP) El Niño
events¹ (also termed the dateline El Niño², El Niño Modoki³, or central Pacific El Niño⁴)
whose SST action centers are located over the central Pacific, which supports that the
NTA cooling tends to enhance warming in the central Pacific, rather than in the eastern
Pacific.

To investigate the oceanic response to the NTA-driven surface wind forcing, 27 28 Supplementary Fig. 2 shows the regression of thermocline depth (using the 20°C isotherm depth), and mixed-layer (using the top 50 m) current vectors. During the 29 MAM season, the anticyclonic wind forcing over the subtropical eastern Pacific (Fig. 1a) 30 tends to generate weak positive thermocline depth anomaly due to downwelling; 31 however, it is not at the 95% confidence level in most of the regions. It implies that the 32 off-equatorial pathway is mainly taken by the coupling between the mixed-layer SST 33 and atmosphere without significant off-equatorial thermocline signals. The equatorial 34 35 oceanic signals are also weak in the MAM season, indicating that there are weak 36 preceding ENSO signals. During the JJA season, the thermocline depth and current 37 anomalies are seen over the equatorial central Pacific between 180-120°W due to the western Pacific easterly wind forcing. This negative thermocline depth signal is not 38 extended to the eastern Pacific due to the local westerly wind forcing. During the SON 39 season, the negative thermocline depth is stronger as the easterly wind forcing over the 40 western Pacific is enhanced. It is interesting that the location of the largest negative 41

thermocline depth anomaly is shifted about 30 degrees to the east of the location of the
largest negative SST, suggesting that zonal advection is important for the central Pacific
SST anomaly, as pointed out by a previous study¹.

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46 Idealized experiment using CGCM

The role of the NTA as a trigger of the ENSO is also supported by idealized 47 experiments using coupled general circulation model (CGCM)^{5,6}. To separate the impact 48 of NTA SST from other variabilities, two experiments are performed whose difference is 49 only from the inclusion of the NTA warming. The experiment with positive NTA SST 50 added to the climatological SST will be denoted as NTA experiment, while that with 51 climatological SST is denoted as CTRL experiment. Supplementary Fig. 3 shows the 52 prescribed SST anomalies used in NTA experiment. The magnitude of NTA SST is peak 53 during boreal spring season. After the boreal spring season, the magnitude of the NTA 54 SST gradually decreases, and almost disappears at boreal fall season. 55

The ensemble-mean differences in SST, precipitation, and wind vectors at 850hPa between NTA experiment from CTRL experiment is shown in Supplementary Fig. 4. During the MAM season, the NTA warming produces positive precipitation anomaly over the equatorial Atlantic. This atmospheric heating generates the cyclonic flow over the far-eastern Pacific, therefore, there is a resultant positive SST anomaly over the

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equatorial eastern Pacific by deepening the equatorial thermocline. At the same time, 61 there is northerly over the off-equatorial central Pacific, and it is responsible for the 62 local negative SST anomaly with reduced convective activity during JJA season. Then, 63 this reduced convection generates equatorial easterly anomaly over the western Pacific 64 65 as a part of the anticyclonic response, and it acts to induce the La Niña signal at subsequent season. Because the local westerly anomaly suppresses the development of 66 La Niña signal over the far eastern Pacific, the maximum negative signal is shifted to 67 68 the west as shown in observational analysis.

The oceanic response to the NTA-driven atmospheric wind forcing has been 69 further examined (Supplementary Fig. 5). Consistent with the observation, the model 70 result also shows there are competing processes between local westerly and remote 71 easterly forcing in the eastern Pacific. That is, during the MAM season, the anomalous 72 upwelling generated by the equatorial easterly appear in the central Pacific, while there 73 are downwelling signals and related warming in the eastern Pacific due to the local 74 westerlies as part of the cyclonic flow. The upwelling Kelvin-wave signal is generally 75 76 extended toward the eastern Pacific in the following seasons to cool the eastern Pacific SST; however, the local westerlies directly induced by the NTA warming compensate 77 this upwelling signal in the surface layer so that the subsurface temperature cannot 78 develop in the far eastern Pacific. 79

81 Multi-model outputs in CMIP3 and CMIP 5

82 As shown earlier, it is suggested that the NTA SST tends to lead to larger SST anomalies over the central Pacific than over the eastern Pacific. Further analyses using 83 multi-model outputs in the CMIP3 and CMIP5 support the results based on the 84 85 observational data. The 18 and 23 CGCM simulations in the pre-industrial simulation participated in the CMIP3 and CMIP5 are also analyzed. Model references, details on 86 the institutions where the models were run, and integration periods are summarized in 87 Supp. Table 1. As they have the long-term simulations, the composite analyses may 88 provide more robust results. The NTA warming (cooling) case is defined when NTA 89 SST index is larger (smaller) than one (minus one) standard deviation during previous 90 FMA season. To exclude the effect of ENSO signal in the previous year, the composite 91 cases are further confined only when the magnitude of NINO3.4 SST during the 92 93 previous DJF season is smaller than the 0.5 standard deviation. When all cases are used for the composites regardless of the ENSO state, the conclusion does not change. 94

95 Supplementary Fig. 6 shows the ENSO index (i.e., NINO3.4 SST) during the DJF 96 season when there was significant NTA SST during previous FMA season. The multi-97 model ensemble (MME) of climate models shows clearly that the NTA SST warming 98 and cooling during boreal spring followed by La Niña and El Niño at the 99%

99 confidence level, respectively. Among the 41 CMIP models, 31 models simulated El 100 Niño after the NTA cooling, with only four producing La Niña. Similarly, 28 of the 101 climate models simulated significant La Niña signal after the NTA warming, with only 102 eight producing El Niño signal. These results support that the NTA SST during boreal 103 spring is one of the important factors to initiate the ENSO.

In addition, to examine the role of NTA as a trigger in more detail, 104 105 Supplementary Fig. 7 shows the ratio of El Niño, normal, La Niña events during the DJF season when an NTA SST event without ENSO event occurs during the previous FMA 106 season. As it is defined as the ENSO event when it is over 0.5 standard deviation, the 107 ratio for El Niño development would be 30% (denoted by black solid line) by assuming 108 normal distribution if the NTA SST does not play any role. Consistent with the 109 observational evidence, most of the models show that NTA cooling leads to a better 110 chance for El Niño development in the subsequent winter. Although the onsets of El 111 Niño and La Niña are largely determined by the residing ocean memories over the 112 113 tropical Pacific as the ENSO theories suggest⁷, the MME result indicates that 45% of 114 NTA cooling cases lead to subsequent El Niño events, while only 17% of NTA cooling case is linked to subsequent La Niña events. This implies that the NTA SST can be one 115 116 of the important components in triggering ENSO event.

How can these results be linked to the generation mechanism of the WP El Niño? 117 To successfully simulate the role of NTA SST as a trigger of the WP El Niño, the model 118 needs to simulate two types of El Niño independently. However, recent studies^{8,9} 119 reported that most state-of-the-art CGCMs have a serious problem in simulating two 120 types of El Niño independently. In order to measure how well a climate model 121 simulates the two types of El Niño, they^{8,9} suggested to use the correlation coefficient 122 between NINO3 index (150°W-90°W, 5°S-5°N) and NINO4 index (160°E-150°W, 5°S-123 124 5°N) during the DJF season of El Niño events in the CMIP archives. A lower correlation indicates more independent variation between NINO3 and NINO4 indices, so it might 125 have a better simulation of the two types of El Niño. Note that the anomaly is defined as 126 127 the deviation from the averaged Niño magnitude during the El Niño events^{8,9}. The correlation in the CMIP models varies from -0.17 to 0.83, while the observed correlation 128 129 is -0.28 from 1970 to 20099. Based on this result, we select the 10 models whose correlation coefficients are close to the observed, which are CCCMA CGCM3.1, GFDL 130 CM2.1, MIUB ECHO-g, and CNRM CM3 from the CMIP3, and CCSM4, CNRM CM5, 131 132 FGOAL-S2, GFDL-ESM2M, GISS-E2-R, and INMCM4 from the CMIP5. Supplementary 133 Fig. 8 shows the composite map of SST anomaly for the NTA cooling cases. Because the ENSO magnitude varies considerably among the models, composited SST anomaly is 134 135 normalized by its temporal standard deviation before taking the multi-model ensemble. The criteria for the composite are the same as those used in Supplementary Fig. 6. From 136

the JJA season, significantly positive SST anomalies are clearly seen over the equatorial Pacific. In both JJA and SON seasons, the maximum action center is located over the central Pacific between 170°E-160°W. Consistently, the magnitude of normalized SST anomaly over the NINO4 region is systematically larger than that over the NINO3 region, which implies that the spatial pattern of NTA-induced El Niño is the WP type.

In addition to being the effective trigger of the ENSO, our study also suggests that 142 143 the NTA SST also can lead a fast phase transition of the ENSO¹⁰, when ENSO events accompany NTA SST events¹¹. To measure the impact of NTA SST on the ENSO 144 transition, we firstly select El Niño (La Niña) events, which accompany the NTA 145 warming (cooling) during following FMA(1) season. Then, we calculate the degree of 146 the NINO3.4 transition as the difference of DJF NINO3.4 between two consecutive years 147 [D(1)JF(2) NINO3.4 - D(0)JF(1) NINO3.4]. Supplementary Fig. 9 shows the difference in 148 La Niña transition with and without the NTA cooling (or the difference in El Niño 149 transition with and without the NTA warming) using the CMIP outputs. The result 150 151 shows that the transition from the La Niña to the El Niño is faster when the NTA 152 cooling occurs before the La Niña. Among the 41 CMIP models, 28 models show significantly faster transition from the La Niña to the El Niño when the NTA cooling 153 accompanies the La Niña, while only two models simulate slower transition. Similarly, 154 38 of the climate models simulated significantly faster transition from the El Niño to the 155 La Niña with the NTA warming, with only one model producing a slower transition. 156

158 Comparison with the role of Atlantic Niño

159 So far, several studies have examined impacts of Atlantic SST on the Pacific variability^{10,12-16}. They mostly focused on the role of the Atlantic Niño, which is defined 160 by the equatorially-averaged SST over the eastern Atlantic during boreal summer^{15,17}. 161 162 According to these studies, the Atlantic Niño can lead to La Niña signal during the subsequent winter season with a 6-month lag. To compare the role of Atlantic Niño to 163 that of NTA SST, Supplementary Fig. 10 shows lag regression results using Atl3 index 164 165 (20-0°W, 3°S-3°N) during the JJA season. Consistent with previous studies, Atl3 is related to the subsequent La Niña event. However, there are some differences between 166 NTA SST and Atlantic Niño. 167

168 One of the main differences is that the Atlantic Niño is likely to lead SST anomaly over the eastern Pacific¹⁵, while NTA SST tends to lead SST anomaly over the central 169 Pacific (Fig. 1c). This is because the westerly over the equatorial far-eastern Pacific is 170 considerably weaker in the case of Atlantic Niño. For example, during the MAM season, 171 the equatorial westerly over the far-eastern Pacific is hardly seen and confined over the 172 western Atlantic Ocean in the case with the Atlantic Niño, while there is significant 173 westerly extended to 160°W in the case with the NTA SST (Fig. 1a). The equatorial 174 westerly during the IJA season is also much weaker with the Atl3 index over the 175

equatorial eastern Pacific. It means the thermocline deepening due to the equatorial 176 westerly over the far-eastern Pacific is too weak to cancel the impact of equatorial 177 easterly over the western Pacific in the case of Atlantic Niño. The other difference is that 178 the wind anomaly is mainly over the equator in the case of Atlantic Niño, while the 179 NTA SST affects the subtropical North Pacific variability. That is to say the Atlantic 180 Niño modulates the ENSO through altering the Walker circulation, implying that the 181 primary mechanism for the Atlantic Niño-induced Atlantic-Pacific connection is 182 183 substantially different from that by the NTA SST, which affects the Pacific variability along the Pacific ITCZ. 184

Consistent with these differences between NTA SST and Atl3, the correlation 185 coefficient between FMA NTA and JJA Atl3 indices is less than 0.1 during 1980 to 2010. 186 In addition, the lead-lag correlation coefficients between FMA NTA SST and 3-month-187 moving-average Atlantic Niño index do not show any significant relation at the 95% 188 significant level (less than 0.3 for the correlation), implying that they are independent 189 190 precursors for the ENSO development to a large extent¹⁸. In addition, the year of the El 191 Niño led by the Atlantic Niño is quite different from that led by the NTA SST. For example, the El Niño events in 1982/83 and 1997/98 were led by significantly (i.e., more 192 than 1 standard deviation) negative Atl3, while the El Niño events in 1986/87, 1994/95, 193 and 2009/10 were led by the NTA SST cooling. It further suggests that the Atlantic SST 194 variability, including the Atlantic Niño and the NTA SST, is crucial for the (Pacific) 195

- 196 ENSO variability, and therefore careful monitoring and appropriate initialization of the
- 197 tropical Atlantic Ocean may be essential for long-range ENSO forecasts.

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Archive	Modeling Group	Model Number	CMIP ID	Integration period
	BCCR	1	BCCR-BCM2.0	250 year
	СССМА	2	CCCMA_CGCM_3.1	500 year
	СССМА	3	CCCMA_CGCM_3.1_t63	400 year
	Météo-France	4	CNRM-CM3	500 year
	CSIRO Atmospheric Research	5	CSIRO-Mk3.0	380 year
		6	CSIRO-Mk3.5	500 year
	NOAA / GFDL	7	GFDL-CM2.0	500 year
		8	GFDL-CM2.1	500 year
CMID2	LASG	9	IAP_FGOALS-g1.0	150 year
CMIP3	INGV	10	INGV_ECHAM4	100 year
	INM	11	INM-CM3.0	330 year
	IPSL	12	IPSL-CM4	500 year
	CCSR, JAMSTEC	13	MIROC3.2_HIRES	100 year
		14	MIROC3.2_MEDRES	500 year
	University of Bonn, KMA	15	MIUB_ECHO-G	340 year
	MRI	16	MRI-CGCM2.3.2a	350 year
		17	UKMO-HadCM3	250 year
	Hadley Centre /Met Office	18	UKMO-HadGEM1	230 year
	BCCR	19	BCC-CSM1.1	500 year
	NCAR	20	CCSM4	500 year
	Météo-France	21	CNRM-CM5	850 year
	CSIRO	22	CSIRO-Mk3-6-0	500year
	LASG	23	FGOALS-g2	500 year
		24	FGOALS-s2	700 year
	NOAA / GFDL NASA / GISS	25	GFDL-ESM2G	500 year
		26	GFDL-ESM2M	500 year
		27	GFDL-CM3	500 year
		28	GISS-E2-H	480 year
		29	GISS-E2-R	850 year
CMIP5		30	HadGEM2-CC	240 year
	Hadley Centre / Met Office	31	HadGEM2-ES	480 year
	INM	32	INM-CM4	500 year
	IPSL	33	IPSL-CM5A-LR	1000 year
		34	IPSL-CM5A-MR	1000 year
	CCSR, JAMSTEC	35	MIROC4h	100 year
		36	MIROC5	670 year
		37	MIROC-ESM	530 year
	MPI-M	38	MPI-ESM-LR	1000 year
		39	MPI-ESM-P	1000 year
	MRI	40	MRI-CGCM3	500 year
	NCC	41	NorESM1-M	500 year

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Supplementary Table 1. Description of the models from the CMIP archives.



Normalized DJF NINO3.4

Time

Supplementary Figure 1. Time series of DJF NINO3.4 SST from 1980 to 2010. Note that
the years with NTA warming (NTA SST greater than one standard deviation) and
cooling (NTA SST smaller than negative one standard deviation) during the previous
FMA season are denoted by red and blue bars, respectively.



Supplementary Figure 2. Lagged regressions between the NTA index during the FMA season and thermocline depth (using the 20°C isotherm depth), and mixed-layer (using top 50 m) current vectors during (a) MAM, (b) JJA, and (c) SON seasons, after excluding the impact of NINO3.4 SST during the previous DJF season. Only the values at the 95% confidence level or higher are shown.

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270 Supplementary Figure 3. The prescribed SST anomalies for NTA experiment.



Supplementary Figure 4. The ensemble-mean differences in SST, precipitation, and
wind vector at 850 hPa between NTA experiment from CTRL experiment during the (a)
MAM, (b) JJA, and (c) SON season. The values over 95% confidence level is only drawn.



Supplementary Figure 5. Ensemble-mean difference of equatorial (2°S-2°N) subsurface temperature, oceanic zonal currents, and vertical velocities during (a) MAM, (b) JJA, and (c) SON seasons between the NTA experiment and CTRL experiment. The red and blue dots at the surface layer are marked when there are positive (negative) 850-hPa zonal wind anomalies above 0.4 m/s (below -0.4 m/s).

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Supplementary Figure 6. The magnitude of NINO3.4 SST during DJF season with 291 significant NTA SST (i.e., larger than one standard deviation) during the previous FMA 292 season participated in the Coupled Model Intercomparison Project Phases 3 and 5 293 (CMIP3 and CMIP5). Note that the cases are selected only when the magnitude of 294 NINO3.4 SST during the previous DJF season is smaller than 0.5 standard deviation, in 295 order to exclude the ENSO signal in the previous year. The number 0 in the x-axis 296 denotes Multi-Model Ensemble (MME), and numbers 1-41 denote individual climate 297 models. 298





Supplementary Figure 7. (a) The ratio of El Niño, normal, La Niña events during the following DJF season when the NTA SST cooling during the FMA occurs without ENSO events. (b) Same as (a), but for the NTA warming case.

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Supplementary Figure 8. Composite of normalized SST anomalies from 10 CMIP models (i.e., CCCMA CGCM 3.1-t63, GFDL CM2.1, MIUB ECHO-g, and CNRM CM3 from the CMIP3, and CCSM4, CNRM CM5, FGOAL-S2, GFDL-ESM2M, GISS-E2-R, and INMCM4 from the CMIP5) when there is a significant NTA cooling during the FMA season. Note that the criteria for the composite are the same as those used in Fig. 4.

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Supplementary Figure 9. (a) The difference of La Niña transition with significant (larger
than one standard deviation) NTA cooling from that without the NTA cooling in the
CMIP3 and CMIP5. (b) Same as (a), but for El Niño. The number 0 in the x-axis denotes
MME, and numbers 1-41 denote individual climate models.



Supplementary Figure 10. Lagged regressions between the Atl3 index (20-0°W, 3°S-3°N) averaged during the JJA season and SST, wind vector at 850hPa (vector), and precipitation during (a) MAM, (b) JJA, and (c) SON seasons, after excluding the impact of NINO3.4 SST (170-120°W, 5°S-5°N) during the previous DJF season. Only the values at the 95% confidence level or higher are shown.

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